



# 2018-2019 Membership Packet

The HYDE Out  
2197 Chase Dr. • Rancho Cordova, CA • 95670  
916-382-8566

For more information:

[www.crpdc.com](http://www.crpdc.com)

916-369-9844

Brandi Dionne  
Recreation Supervisor  
[bdionne@crpd.com](mailto:bdionne@crpd.com)  
916-369-9844



Cordova Recreation and Park District  
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## THE HYDE OUT WINTER/SPRING 2018/19 SPECIAL EVENTS

These events are secure and supervised events for teens only. Parents are responsible for picking teens up at the end of the night, unless otherwise specified. Parents must sign a waiver for teens to attend special events at The HYDE Out. All events are at The HYDE Out and are open to 6th–12th grade students.

### **TEEN LATE NIGHTS**

Join us as we host our monthly Teen Late Night event! You can participate in various activities such as karaoke, Xbox 360 gaming tournaments, pool and air hockey tournaments, or dodgeball! Dinner is provided.

### **The HYDE Out at Hagan Community Center • Fridays • 6-9PM**

Fee: \$5/members

\$10/non-members

- 9/21 Back to School
- 10/26 Fright Night
- 11/16 Friendsgiving (Open House)
- 12/21 PJ Party
- 1/18 Cinema Night
- 2/15 Chocolate Party
- 3/15 St. Patrick's Day Party
- 4/26 Minute-To-Win-It Game Night
- 5/17 End of Year BBQ

## Cordova Recreation & Park District HYDE Out After School Program

Welcome to the 2018-2019 school year! Thank you for your interest in Cordova Recreation & Park District's (CRPD) HYDE Out (Healthy Youth Development Experience) after school program located at the Hagan Community Center. Our goal is to provide a comfortable space for teens within CRPD's boundaries to develop skills and discover new talents. Teens will have access to homework time, scheduled activities and play in the game room (at designated times). To ensure that your teen gets the most out of our programs, we would like for you to take a moment, along with your teen, to briefly read over some of our facility and program rules, regulations and code of conduct. These guidelines are designed to inform parents/guardians and participants of what is expected of them while they are at the HYDE Out. For more information visit [www.crpdpd.com](http://www.crpdpd.com) or contact Recreation Supervisor, Brandi Dionne, at 916-369-9844 or via email [bdionne@crpd.com](mailto:bdionne@crpd.com)

### Registration Information

Please familiarize yourself with this packet and return the following **Membership Form and Waiver** to the HYDE Out, 2197 Chase Drive, Rancho Cordova, CA 95670, Attn: Brandi Dionne or it can be given to a staff member when you arrive. Every participant **MUST** have the following forms on file in order to attend.

- Membership Form & Code of Conduct
- Waiver
- Teen Express Agreement (if being transported from Mitchell Middle School)
- Homework Club Enrollment (if desired)

Membership fee is \$50 for the school year (Aug thru May) or \$25 for each session (fall: August through December or spring: January through May). Payment can be made by check, cash or credit card at the Hagan Community Center.

If your teen would like to bring a guest, they must fill out the waiver form and it **must** be signed by a parent/guardian prior to their visit. Participants may bring one guest per month for free.

FREE Teen Express service is available for members of the HYDE Out only from Mitchell Middle School. It is on a first come, first serve basis and you must register **prior** to using the service.

Teens must have all paperwork completed in order to utilize The HYDE Out.

**Photos may be taken** of this program for publication in our recreation guide, Facebook page, website and/or other promotional use. Please note on your Waiver if you object to photos being used.

### Program Hours

The HYDE Out is open Monday through Friday between after school until 6pm. We are open on early release days and super minimum days throughout the school year. The HYDE Out follows the FCUSD calendar.\* We will be closed on days that the school district is closed. The HYDE Out may also close for staff in-service trainings as well as unforeseen circumstances such as a power outage. Please check our Facebook page and the CRPD web page for details on closures. CRPD is not responsible for participants after the center closes at 6pm. Transportation/plan for travel home should be pre-arranged with your child so no participant is left after closing.

*\*The HYDE Out is closed for district holidays. Hours may adjust for minimum days and school breaks. Check the calendar for additional hours.*

Follow us on Facebook at [facebook.com/TheHYDEOutTeenCenter](https://facebook.com/TheHYDEOutTeenCenter) and [facebook.com/CordovaRPD](https://facebook.com/CordovaRPD)

### Scope of the Program

The HYDE Out is a program for teens to hang out and socialize in a safe environment during after school hours. A structured list of activities will be posted monthly in addition to our game room. There is a pool table, table tennis, foosball, xbox 360 gaming console and board games that can be utilized (gaming items subject to change). Dedicated homework time is provided for students who wish to complete their homework, see below for Homework Club information. HYDE Out staff encourage participants to participate in scheduled activities, by asking the students to at least try before deciding against participating.

### Homework Club

We know how important it is to you that your teen begins his/her homework after school. In order to support your child with their work, the HYDE Out offers a Homework Club that will give them a quiet place to complete homework and assistance if needed. HYDE Out members who choose not to participate in homework club will not be forced to do so. If you'd like your child to participate in the Homework Club please complete the Homework Club Contract found at the end of this packet.

How it works:

- Homework Club will run Monday-Thursday
- Each participant will be given one to work on their homework in a quiet room with a staff member
- Participants should bring their own books, we do not have a copy of each school's text books
- The usage of time will be the participant's responsibility; we are here to assist them but it will be up to the parent to check the assignments for accuracy and completion
- Participants who are disruptive will be asked to leave; we will not allow others to disrupt those who are working diligently and concentrating
- Parents will be notified if participants routinely choose not to participate

We believe that it is important to aid in the success of your teen's school work. The Teen Center Homework Club should give them adequate time to finish their homework and ensure they have more quality time to spend with you at home.

### Cell Phone Usage

Cell phones are permitted at the HYDE Out; however, the HYDE Out is not responsible for any loss, damage or stolen items. There will be set "no-power hours" where teens will not be granted access to their phones, as well as times staff ask for phones to be put away for games and activities. If you try to reach your teen on their cell phones and they do not answer, you are encouraged to call the HYDE Out at 916-382-8566 to get in touch with them.

### Member Responsibilities

- Sign in at the desk when arriving and sign out at the desk before leaving the HYDE Out
- Participants shall be courteous and respectful towards the HYDE Out staff, facility, other students and equipment
- Participants shall follow general rules of the facility
- Participants are responsible for their own property; we are not responsible for lost, damaged or stolen belongings including electronics
- Inappropriate physical contact and profanity will not be tolerated
- Participants need a valid CRPD waiver on file
- Agree and follow the Code of Conduct for the HYDE Out:

*Code of Conduct for participants, parents, and staff*

*As a member of the HYDE Out I will:*

*Act with respect and be considerate to others*

*Be respectful with my language and gestures*

*Not engage in or be under the influence of drugs or alcohol*

*Follow the rules set forth by the HYDE Out*

*I agree to uphold this Code of Conduct and understand that failure to comply with this Code of Conduct may result in my loss of privileges, suspension or permanent expulsion from the HYDE Out. I understand that there is a 3-strike policy. I also understand that depending on the severity of a strike, one violation can result in loss of privileges, suspension, or expulsion and will be determined at the discretion of the District staff based on the severity of the violation.*

## Behavioral Policies

Participants and parents are required to sign a Code of Conduct at the start of the program. HYDE Out staff are onsite to engage and interact with participants, monitor activities and handle behavior issues. Inappropriate behavior will be addressed promptly. The situation will be discussed by the staff and the participant(s) involved. The parent(s) of the participant may be contacted. Discipline at the HYDE Out will be administered with firmness, fairness and consistency.

The following format is used:

Staff will use verbal warnings if a participant is not following general rules, staff will document the warning.

### *Three Strikes*

If after a verbal warning is issued, or if the behavior is severe enough, staff will issue a "strike" to participants.

- 1<sup>st</sup> Strike      Parent/Guardian will be contacted and participant will be removed from the center, a behavior report will be documented and required to be signed by a parent prior to returning to the HYDE Out.
- 2<sup>nd</sup> Strike      Parent/Guardian will be contacted and participant will be suspended from the program for one day; a second behavior report will be documented and required to be signed by a parent prior to returning to the HYDE Out. A meeting will be scheduled with the Program Coordinator and Recreation Supervisor to complete a behavior contract for the participant.
- 3<sup>rd</sup> Strike      Parent/Guardian will be contacted and participant will be expelled from the program for the rest of the school year; a third and final behavior report will be documented. The Recreation Supervisor must approve re-enrollment for the following school year.

Consequences may include the loss of HYDE Out privileges including activities or special events. If the participant is a danger to themselves or others, or is interfering with the program, the parent/guardian will be asked to pick him/her up from the facility immediately.

The following behaviors may result in the **immediate removal and expulsion** of the participant:

- 1. Fighting** (hitting/punching/kicking another participant, regardless of reason, or who hit first)
- 2. Physical or verbal abuse or lying to a staff member**
- 3. Direct abusive/obscene/profane language/gesture or behavior to other participants and/or staff**
- 4. Vandalism to CRPD or to other participant property**

**If a participant becomes aware of any potentially dangerous and/or illegal situations regarding weapons, drugs alcohol, fights, property damage, theft, etc. or has information regarding such, he/she is requested to report it to a staff member immediately.**

Certain behaviors and activities will not be tolerated at the HYDE Out, in the event needed; staff will contact the proper authorities and all applicable state and federal laws will be enforced. Examples include but are not limited to: *assault and battery, sexual assault, gambling, gang affiliation, harassment, hazing, use of or being under the influence of drugs or alcohol, use of tobacco (including vaporizers), attempting to cause serious injury to another person, profanity, theft, threats, vandalism and weapons.*

### *Interpersonal Relationships*

Appropriate personal relationships are encouraged. The HYDE Out policy is one of "hands-off." Holding hands, arm in arm, sitting on laps, hugging and kissing are not appropriate while at the HYDE Out. Sexual harassment will not be tolerated.

### *Staff*

Participants are expected to follow the instruction of the Cordova Recreation & Park District staff. If a participant disobeys any CRPD employee either by action or word, he/she will be considered defiant. Severe defiance will result in suspension or expulsion.

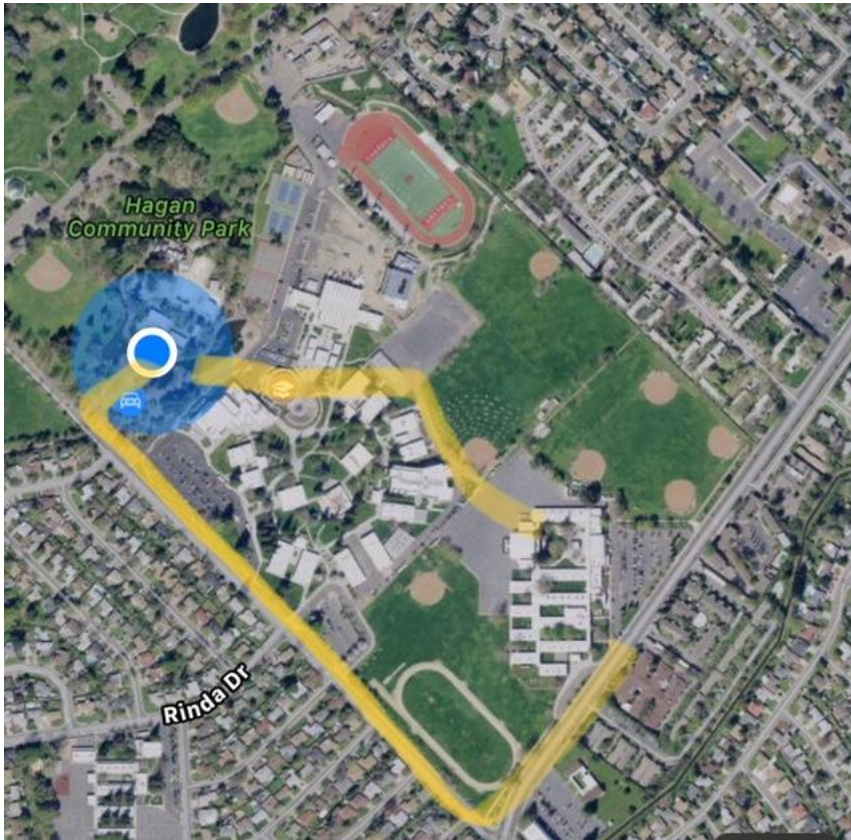
### *Dress*

Participants at the HYDE Out have the responsibility to dress and appear in a manner that promotes a safe, neat, clean

and wholesome environment. Participants are expected to dress appropriately. The final authority for what is appropriate, safe, clean, and non-disruptive shall rest with HYDE Out staff. When necessary, Folsom Cordova Unified School Districts dress code will be implemented to ensure adherence to the rules and regulations mentioned hereof.

### Mills Middle School

Staff will meet the Mills Middle School students at the flag pole for the first week of the program to walk them to the HYDE Out. After the first week of school students will walk to the HYDE Out and check in with staff once they arrive. Mills students can walk through the Cordova High School campus when Cordova High School is not in session.



### Teen Express

HYDE Out staff will transport students who are signed up for the Teen Express from Mitchell Middle School. All students and parents must submit the Teen Express contract prior to riding in the CRPD vehicle. Most days we can only provide one driver who will shuttle students from school to the HYDE Out. Students are required to check in with the driver and wait at the designated spot until the driver returns and it's their turn for transportation. Teen Express privileges may be lost for those who do not follow the Teen Express rules or are disrespectful to staff, other participants or the vehicle.

Pick Up Location: Flag Pole in front of the school

Departing Times: Mondays, Tuesday, Wednesday and Friday 3:10pm  
Thursdays 1:40pm, Minimum Days 12:55pm

### Frequently Asked Questions

*Do you take registration on-line for this program?*

No, you may register in person at the Hagan Community Center. You can download the registration packet online at [www.crpd.com](http://www.crpd.com) and submit when you arrive at the HYDE Out. Students may not begin the program until all appropriate paperwork is completed and payment submitted.

*What activities can they participate in at The HYDE Out?*

The program provides homework time, various recreational activities (crafts/games), and game room time daily. The HYDE Out also hosts a variety of special events and seasonal camps during winter, spring and summer. Students are

encouraged to participate in scheduled activities; game room and cell phone time are limited.

*What are the staff qualifications and how are they trained?*

Staff is certified in both CPR & First-Aid; they must pass a background check and are trained in games, leadership and how to work with youth and teens. Staff is hired based on their experience with ages 12-15 and are at least 18 years or older.

*Should I call if my son/daughter will be attending The HYDE Out after school?*

Calling ahead is not necessary. As long as the teen has membership forms on file, they are welcome to drop in during operating hours, which are after school (including minimum days and early release days) until 6PM.

*Do you have a snack bar?*

We do have a limited number of items for sale at the HYDE Out. We try to provide healthier options for teens to purchase for example; we tend to sell water, sun chips, cheese sticks and yogurt. Candy and sugary drinks are limited. Our snack bar is typically open during the first hour of the program. Food must be consumed at the tables. Payment is required at the time of purchase; HYDE Out cannot accept bills larger than \$10. Teens are responsible for their own money and should not loan money to other participants. The snack bar is a privilege and will be closed if the rules are not being followed.







The HYDE Out Membership and Information Sheet (2018-2019)



Participant Information

Name: Birth Date: Age:

Address: City: Zip:

Phone Number: Email Address:

Child lives with: Both Parents Mother Father Other:

School attending: Grade level:

My child will need the Teen Express from Mitchell (must complete additional contract)

My child will join the Homework Club (must complete additional contract)

Parent/Guardian Information

Name: Work/Cell Phone: Relationship:

Name: Work/Cell Phone: Relationship:

Emergency Contact Information

Name: Work/Cell Phone: Relationship:

Name: Work/Cell Phone: Relationship:

Medical Information Please contact us if your child requires special accommodations to fully enjoy The HYDE Out

Any allergies (food, drugs, insects)?

Medical concerns or activity restrictions?

Current medications and dosage

Code of Conduct

Code of Conduct for participants, parents, and staff

As a member of the HYDE Out I will:

Act with respect and be considerate to others

Be respectful with my language and gestures

Not engage in or be under the influence of drugs or alcohol

Follow the rules set forth by the HYDE Out

I agree to uphold this Code of Conduct and understand that failure to comply with this Code of Conduct may result in my loss of privileges, suspension or permanent expulsion from the HYDE Out. I understand that there is a 3-strike policy. I also understand that depending on the severity of a strike, one violation can result in loss of privileges, suspension, or expulsion and will be determined at the discretion of the District staff based on the severity of the violation.

Participant Name

Participant Signature

Date

Parent Agreement:

I agree to carry out the rules and regulations of the HYDE Out as set forth in the Teen & Parent Handbook. I consent to the enrollment of my teen at the HYDE Out.

Parent/Guardian Name

Parent/Guardian Signature

Date

Cordova Recreation and Park District • The H.Y.D.E Out Program Waiver

**Program:** The HYDE Out      **Location:** Hagan Community Center

**Dates:** August 2018 – May 2019      **Days and Times:** Monday – Friday after school to 6pm

The Cordova Recreation and Park District's The HYDE Out teen center is based at the Hagan Community Center. Planned activities make extensive use of Hagan Community Park. Wildlife does flourish in these vicinities. Gophers, poisonous and non-poisonous snakes and skunks have all been encountered by park users. Bee stings do occur, however infrequently.

Arts and Crafts activities involve paints, pastes, glues, paper, scissors, crayons, other basic materials, and items found by participants. Active games are conducted on turf, asphalt, concrete and unimproved exterior surfaces; while indoor activities of active and passive types are held on tiled and hardwood floors. Games engaged in by participants may involve balls, bats, frisbees and hula hoops; they may require running, skipping, sliding and jumping.

Quite often there are other activities taking place in the surrounding areas during the conduct of The HYDE Out activities. Some of these activities are sponsored by CRPD, some by other agencies and many are unscheduled and spontaneous use of the area by groups and individuals. The District maintenance activities such as mowing, watering, trimming, repairing and cleaning are ongoing. Parents of children who take medication during the program assume all responsibility and risk of that medication. District will not be held responsible for injuries or problems that occur due to the use of medication. The District is not responsible for medication which is lost, stolen or traded by children. Problems may include: overdose, child refusing to take medication or injuries to a child who receives medication prescribed to another child. District staff will not administer medication or assist child in taking medication. The District will not be held responsible if child forgets or refuses to take medication.

Please be advised that the District places the highest priority on the safety of all participants. Staff is well trained and staff-participant ratios are lower than many comparable programs. However, with activities taking place out-of-doors, over many acres of park space, accidents and injuries are possible, although serious injuries are exceedingly rare. The H.Y.D.E Out participants are subject to the usual assortment of abrasions, cuts and sprain that active children experience.

Agreement, Waiver and Release

In consideration for being permitted by Cordova Recreation and Park District (CRPD) to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which may have, or which may hereafter accrue to me as a result of participation in said activity(ies). This release is intended to discharge in advance CRPD (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in said activity.

PARENTAL CONSENT (by parent/guardian if applicant is under 18 years of age): I hereby consent that my son/daughter \_\_\_\_\_ participate in the above activity, and I hereby execute the above Agreement, Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold persons and entities mentioned above free and harmless from any loss, liability, damage, cost or expense which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity.

Photograph Note: By signing this waiver, I understand that CRPD staff may photograph me and/or my minor children and that the District may use such photographs to promote District programs now and in the future. I expressly allow, and hereby waive any objection to, CRPD photographing of me and/or my minor children when I and/or my minor children are participating in a CRPD recreation program. I understand that all photos will remain the property of Cordova Recreation and Park District.

I do not approve of having me and/or my minor child(ren) photographed by CRPD staff or its affiliates.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND SIGN IT OF MY OWN FREE WILL.**

**NAME OF PARTICIPANT** \_\_\_\_\_ **DATE** \_\_\_\_\_

**SIGNATURE of Parent/Guardian** \_\_\_\_\_ **PRINT NAME** \_\_\_\_\_



The HYDE Out Teen Express Student Parent/Guardian Contract



The Teen Express is available for students who attend Mitchell Middle School and are registered for the HYDE Out after school program. Students needing transportation must read the following rules and both students and parents/guardian must sign prior to the first ride.

**W. E. Mitchell Middle School**

**Pick Up Location:** Flag Pole in front of the school

**Pick Up Times:** Monday, Tuesday, Wednesday and Friday beginning at 3:10pm  
Thursday beginning at 1:55pm, Minimum Days beginning at 12:55pm

- Students must meet at the designated and check in with HYDE Out staff within 10 minutes of the final school bell. Students are required to wait in the designated area until their turn to ride to the HYDE Out. Students who leave may lose their opportunity to ride in the Teen Express.
- Teen Express service DOES pick up early on minimum/super minimum days.
- Spots on the Express are reserved for participants who are signed up for The HYDE Out Membership **ONLY**, guests of members are not permitted to ride in the Teen Express.
- The Teen Express is designed to allow students to come and enjoy the after school program. It is not a means for students to be transported to the Hagan Community Center and then walk home after school. If a pattern develops of students routinely checking out early from HYDE Out parents will be contacted regarding termination of the Teen Express.
- It is important that each teen is on time to the vehicle after school, the driver is unable to wait for late students.
- Please contact the Hagan Community Center at 916-369-9844 if your child will no longer ride the Express due to after school sports, clubs or other engagements.
- Food and drinks are not allowed in the vehicle at any time.
- **All Express participants are expected to follow all HYDE Out after school program policies while riding in the vehicle. Participants that have behavior issues in the vehicle or at the after school program will be removed from the service.**

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Days Needing the Teen Express Service (Please Circle): M T W Th F

Parent Information

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Information

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

I, \_\_\_\_\_ (child name), agree to follow all the HYDE Out Teen Express and after school program rules and understand that failure to do so will result in termination of use of the Teen Express and possibly the after school program.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature



We know how important it is to you that your teen begins his/her homework after school. In order to support your child with their work, the HYDE Out offers a Homework Club that will give them a quiet place to complete homework and assistance if needed. HYDE Out members who choose not to participate in homework club will not be forced to do so. If you'd like your child to participate in the Homework Club please complete this Homework Club Contract.

How it works:

- Homework Club will run M-Th
- Each participant will be given one hour from 3:30-4:30 to work on their homework. We will provide a quiet area and a staff member
- Participants should bring their own books. We do not have a copy of each school's text books
- The usage of time will be the participant's responsibility; we are here to assist them but it will be up to the parent to check the assignments for accuracy and completion
- Participants who are disruptive will be asked to leave; we will not allow others to disrupt those who are working diligently and concentrating
- Parents will be notified if participants routinely choose not to participate

Homework Club is an option for all participants enrolled at the HYDE Out. In order to insure adequate supervision for this privilege, it is important for the staff to know the amount of time each parent desires to have his/her teen in the Homework Club each day.

I wish my teen to be enrolled in the Homework Club.

Please check the desired option:

30 minutes     45 minutes     until homework is finished\*     Teen may decide daily\*

Parent Signature: \_\_\_\_\_

Names of participants: \_\_\_\_\_

\*Homework Club is only scheduled for an hour, if your teen requires additional time; he/she will be allowed to continue working on it.

\* If this form is not returned, then it will be the teen's daily choice to participate or not in Homework Club.