



“Happy Holidays”

REEZA GAELA - EDITOR

By Heather Schelske—Neil Orchard Senior Activities Center Supervisor



Here come the holidays! Last month we honored all the brave men and women that have served our country at our Veteran’s Day celebration. A big thank you to the Rancho Cordova Rotary and additional CRPD administrative staff that came to help serve the meal. As usual the Moon Glow band was great and played all your favorite patriotic tunes. The very next week we had a wonderful turnout for our Thanksgiving Feast and again the Rancho Cordova Rotary came and helped us serve. We want to thank our Turkey Fairy member who donated all those turkeys (you know who you are) we appreciate you!!

Saturday December 3rd, guess who’s coming to town? That’s right Mr. and Mrs. Claus! He will be bringing his list and will be checking it twice to find out if you have been naughty or nice. Enjoy a pancake breakfast and have pictures taken with the big guy himself! Many of you have already purchased tickets but if you are planning to attend, make sure to get your tickets in advance as we only have two seating times this year. See inside for more details.

Of course, we can’t end the year without having our annual Winter Wonderland Feast. The Moon Glow Band will be returning to bring us some festive Christmas music and we will be having a traditional Christmas ham and scalloped potato dinner. Make sure to get your tickets in advance so you guarantee a seat. (Please RSVP by Friday Dec.9th.)

IMPORTANT DATES TO REMEMBER:

Dec 3: Winter Wonderland (9a.m. or 10a.m. seating)	Dec 7: Garden Club Meeting
Dec 8: Elf, The Musical Day Trip Cancelled	Dec 12: Cyber Crimes Presentation
Dec 14: Winter Wonderland	Dec 19: Flights, Lights & Bites Day Trip

Dec 19 - January 2nd: Senior Center Closed for cleaning and in Observance the holidays



Address:

3480 Routier Road
Sacramento, CA. 95827
(916) 366-3133

Monday - Thursday
7:30 a.m.- 4:30 p.m.

Friday
7:30 a.m.. - 3:30 p.m.



Facebook.com/
NeilOrchardSeniorActivitiesCenter



DECEMBER GREEN THUMB LUNCH

\$5 in Advance & \$6 Day of/To-Go

Wednesdays	
7	Minestrone soup w/ Tuna salad Sandwich on Croissant
14	Green Thumb Lunch Cancelled for Winter Wonderland (No Bingo)
19 - Jan 2nd	Senior Center Closed for Cleaning and in Observance of the Holidays December 19th –January 2nd

Winter Wonderland

DEC 14, 2022 11:30 AM

Eat, drink and be merry. You're invited to join us for our annual Winter Wonderland. Make sure to be on your best behavior though, you never know who'll drop in for a visit!

\$8 MEMBERS / \$10 NON-MEMBERS
Or TO-GO

MENU

Ham, scallop potatoes, veggies, roll & holiday dessert

Sponsored by:


POWERED BY SIFI NETWORKS



Lunar New Year Celebration

January 25th, 2023

\$8 Members / \$10 Non-Members

\$10 To-Go

Please RSVP by January 20th

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food, and good wishes.

Menu: Chow Mein, BBQ Pork Fried Rice, Sweet & Sour Chicken, Broccoli Beef and Dessert

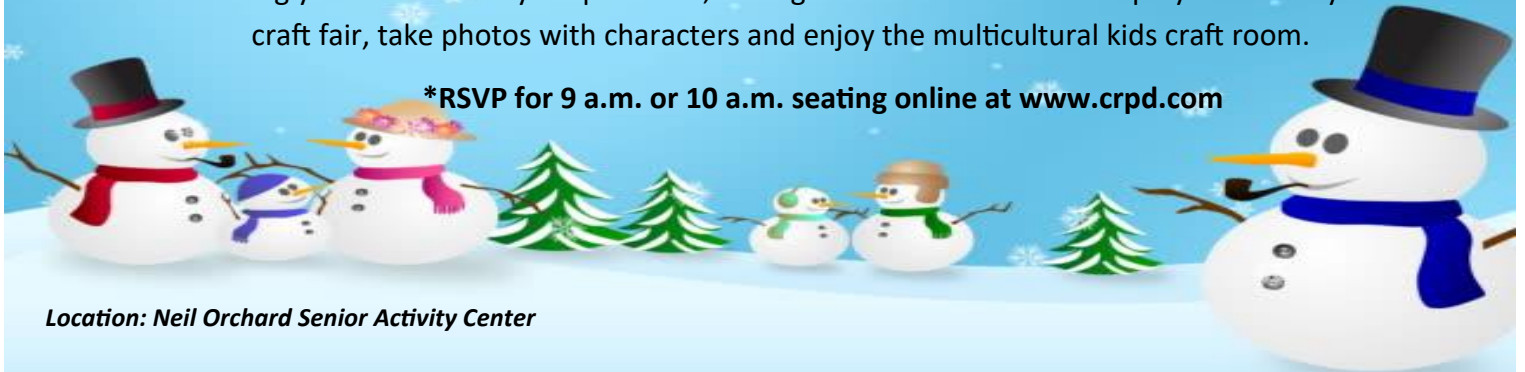
\$5 per person

Winter Wonderland

December 3, 2022 9 - 11 a.m.

Bring your whole family for pancakes, sausages and refreshments! Stop by the holiday craft fair, take photos with characters and enjoy the multicultural kids craft room.

***RSVP for 9 a.m. or 10 a.m. seating online at www.crpdp.com**



Location: Neil Orchard Senior Activity Center

Get Up & Go

Coming Next Year:

March: Safari West Adventure

April: Calaveras Big Trees

July: Jersey Boys

August: A Day in the Bay

FREE PRESENTATIONS

DEC 12: Cyber Crimes (Internet, Social Media) 1pm

A member of the District Attorney's staff will teach us about the most common types of crimes and risks online and how to protect yourself.

JAN 23: Understanding your Phone Bill 1pm

Presented by ACC Senior Services through the TEAM Collaborative, this educational workshop will help you understand your phone bill.

We want to hear from YOU!

Beginning in Fall 2022, we will be hosting an online survey in the community to hear from residents across the District. This will provide us valuable input and ideas for parks and recreation development.

Stop by the front desk to pick up and return your completed survey!



Cordova Senior Advisory Board Elections

Election of officers for Vice-President, Secretary, and At-Large Members on the Senior Advisory Board will be held on December 12th and will close on Friday December 16th. All Neil Orchard Senior Activities Center Members are eligible and encouraged to vote! Below is information on the candidates:



Harry Shippy for Vice-President

Currently Harry is our active Vice President and since he started his position last year, he's done excellent work.



Marilyn Hamm for Secretary

Marilyn is our active Secretary and has done a great job in assisting the Advisory Board in any tasks that need to be done.



Hilda Garcia for At-Large Member

Hilda is currently one of the At-Large Members on the Board. She is always ready to lend a helping hand and get things done.



Barbara Desrochers for At-Large Member

Barbara is currently one of the At-Large Members on the Board. She has been doing a great job and is ready to help wherever needed.



Pick up your ballots at the front desk starting Monday December 12th.



Marie Brown	Myrtle Benjamin	Sharon Brooks
Lora Clark	Linda Connolly	Ahmad Dalvi
Elizabeth Deuso	Catherine Dittman	Kate Dillon
Barbara Easton	Roger Evans	Shirl Fischer
Shirley Gladfelder	Betty Hall	Laurie Hopkins
Raylee Howard	Patricia Jaspin	Wayne Kaiser
Mary Kiernan	Rosemary Lamb	Joseph LaSala
Anne Leonard	Genny Lisher	Martha Lopez
Marie Lovell	Yvonne Lucsky	Sidney Moore
Mona Nollsch	Guillermo Osorno Jr	Annie Osorno
Irene Quinn	Raneth Randolph	Joan Roper
Karen Rudolph	Daniel Schmidt	Audrey Seal
Pawel Skrzynski	Belen Smith	Gordon Stephens
Larry Stites	Rodney Stone	Linda Sullivan
Jamica Thomas	Lois Thomas	Virginia Thurston
Evelyn Tsuha	Brenda Turley	Sandra Turner
Barbara Liberty Vick	Hisham Wagdi	Pearl Wallace
Judy Wilson	William Wright	Miela Zitelli

Don't see your name? Check with the front desk to make sure your membership is current!



Need some Computer Help?

Join Motoworks LLC for their **Silver Surfers** classes on Monday mornings 10AM - Noon

*Each Class \$20 Members/\$25 Non-Members
Registration is required.*

Upcoming Classes:

Dec 5: Android 101: The Basics

Dec 12: iPhone 101: The Basics

Jan 9: Computer 101 The Basics

Jan 23: Fundamentals of the Internet

Jan 30: Socializing from Home

**Get excited for
NEW CLASSES!**

Coming Soon

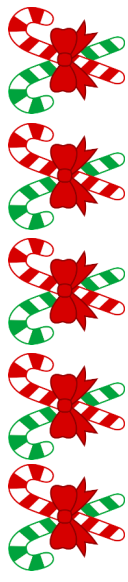
In the coming year, Neil Orchard Senior Activity Center will be offering new Active Adult Arts & Enrichment classes.

GREEN THUMB GARDEN CLUB

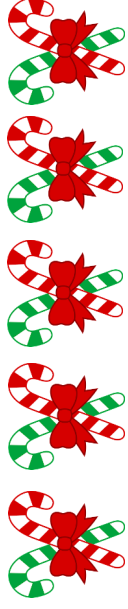
The Garden Club meets at 10 a.m. on the first Wednesday of each month. Meetings are free and open to the public. We will do a brief introduction followed by a "hands on" gardening session. Bring a pair of gloves and small gardening tools.

Come help us GROW!

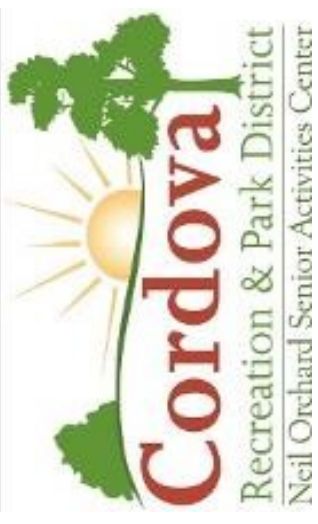

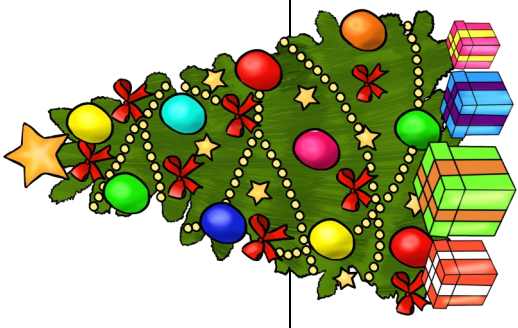
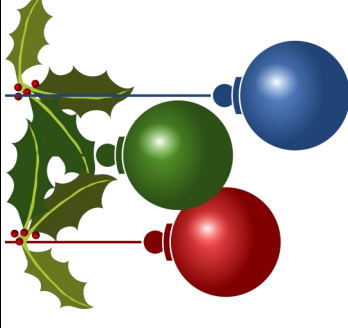



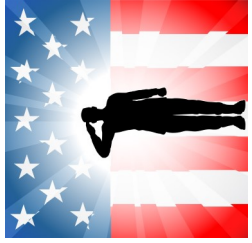


December 2022



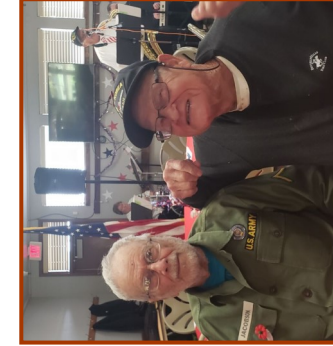
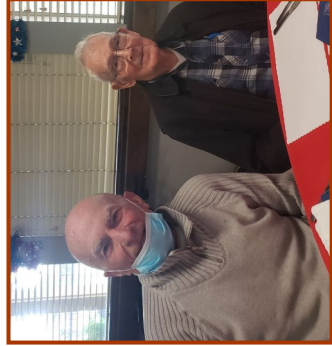
Neil Orchard Senior Activities Center
 3480 Rooter Road, Sacramento, CA 95827 916-366-3133
 Monday-Thursday: 7:30 a.m. - 4:30 p.m. / Friday: 7:30 a.m. - 3:30 p.m.

Monday		Tuesday		Wednesday		Thursday		Friday			
		<p>*Please call (916) 376-8915 to make an appointment for HICAP</p> <p>*Please call (916) 551-2144 to make an appointment for Senior Legal Services</p> <p>*Lunch served Wednesdays unless otherwise noted. Please see front desk for menus and to make reservations</p> <p>*All dates and times are subject to change without notice</p>				<p>9 - 10 a.m. Cheng Man Ching Tai Chi</p> <p>9:30 - 11:30 a.m. Cordova Independent Artists</p> <p>Noon - 1 p.m. Zumba Gold</p> <p>1:15 - 2:45 p.m. Beginning Line Dance</p> <p>3:45 - 4:30 p.m. Active Aging: Chair Yoga</p> <p>4:45 - 5:15 p.m. Floor Mat Pilates</p> <p>5:30 - 6:30 p.m. Restorative Yoga for the Back</p>		<p>9 - 10 a.m. Cheng Man Ching Tai Chi</p> <p>Noon - 1 p.m. Zumba Gold</p> <p>1 - 3:20 p.m. Advanced Line Dance</p> <p>Noon - 4 p.m. Hand & Foot Card Group</p> <p>3:45 - 4:30 p.m. Active Aging: Chair Yoga</p> <p>4:45 - 5:15 p.m. Floor Mat Pilates</p> <p>5:30 - 6:30 p.m. Restorative Yoga for the Back</p>		<p>8 - 9 a.m. Senior Exercise</p> <p>9:15 - 10:15 a.m. Beginning Kundalini Yoga</p> <p>10 - 11 a.m. Walking to Get Fit</p> <p>Noon - 2 p.m. Bingo</p> <p>4 - 5 p.m. Cooking with Kids</p>	
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		<p style="text-align: center;">Center Closed for cleaning and in Observance of the Holidays Dec 19-January 2nd We will return on January 3rd, 2023</p>									



VETERAN'S DAY CELEBRATION

November 9th 2022



THANKSGIVING FEAST

November 16th 2022

