

YOUR PLACE TO

Recreate!

CORDOVA RECREATION & PARK DISTRICT



Community Spotlight:

Photo Contest
Winner! PG 35

SPECIAL EVENTS, SPORTS CAMPS & MORE INSIDE!

FALL/WINTER 2022-2023 RECREATION GUIDE

Community **SPECIAL EVENTS**

DOGgie DAY IN THE PARK

Saturday, September 17 • 8 a.m. – noon
HAGAN COMMUNITY DOG PARK

Join us for an interactive, fun-filled day designed especially for dogs and the people who love them! This event features resource and information booths, vaccine clinic and prizes.

**FREE
EVENT**



**HALLOWEEN
at Hagan**
Saturday, October 29
3 – 6 p.m.

Hagan Community Park 

Enjoy a night of Halloween fun with games, activities, trunk-or-treat, inflatables, prizes and much more!

**\$5/
person**

WINTER WONDERLAND

December 3 • 9 - 11 a.m.

Neil Orchard Senior Activities Center

Bring your whole family for pancakes, sausages and refreshments! Stop by the holiday craft fair, take photos with characters and enjoy the multicultural kids craft room.

RSVP for 9 a.m. or 10 a.m. seating
online at www.crpdc.com

**\$5/
person**



POLAR BEAR PLUNGE & BREAKFAST

January 14 • 9 a.m.
Cordova Community Pool

Make a splash! This annual fundraiser will help support local youth to participate in recreational activities. There will be fun activities both in and out of the water!



Sponsored by:

CRPF | CORDOVA RECREATION
& PARKS FOUNDATION

Hoppin' & Huntin' at Hagan

Saturday, April 9 • 8:30 - 11:30 a.m.
HAGAN COMMUNITY PARK

Join us for a **FREE** egg hunt, inflatables, games, music and more!

**FREE
EVENT**

**For more information,
visit crpd.com or scan QR code**



**Contact Heather at hscelske@crpd.com
for vendor information.**

Event activities are subject to change.

TABLE *of* CONTENTS

Community Special Events	2
Contact Us	4
Cordova STEAM Preschool	5
Aquatics	6-8
Pee Wee Sports & Leagues	9
Youth Sports & Leagues	10-12
Youth Arts & Enrichment	13
Camps	14
Teen Programs	15
Adult Sports Leagues & Fitness	16-17
Adult Arts & Enrichment	18
Neil Orchard Senior Activities Center	19
Active Adult Fitness	20
Active Adult Arts & Enrichment	21-22
Senior Center Events & Activities	23
Excursions & Trips.....	24
Cordova Golf Course	25-26
Mather Sports Complex	27
Party Rentals	28
Facility Rentals	29-30
Picnic & Field Rentals	31
Park Planning	32
Facility & Park Directory	33
Registration & Refund Information	34
Cordova Recreation & Parks Foundation	35



Message FROM GENERAL MANAGER



We are committed to providing extraordinary parks and recreation activities. As you browse through this guide, you will find a diverse range of sports and leisure activities, children's enrichment programs, special events and a park guide to locate your parks and facilities to serve you.

This time of year is perfect to join team sports like Jr. Kings Basketball or Youth Street Hockey, enjoy new enrichment classes like Art is Good for You or take a leisure class like Restorative Yoga to stay healthy while meeting new people with similar interests. The holidays are right around the corner so now is the time to sign up for the many holiday classes and events. We are also offering swim season passes for both the Cordova Community Pool and Lincoln Village Community Pool that would make a great gift!

We are always looking for new fun opportunities to offer our residents of all ages. If there is an activity you would like us to offer, please feel free to share your thoughts by emailing us at customerservice@crpd.com.

We hope to see you at one our activities soon!

Patrick Larkin, General Manager

Let's Get SOCIAL



twitter.com/CordovaRPD



facebook.com/CordovaRPD



instagram.com/CordovaRPD



youtube.com/crpdcordovarec



www.crpdc.com

Contact US

Hagan Community Center

2197 Chase Drive | 916-369-9844

Neil Orchard Senior Activities Center

3480 Routier Road | 916-366-3133

Mather Sports Complex

3755 Schriever Avenue | 916-362-1704

Cordova Golf Course

9425 Jackson Road | 916-362-1196

Park Services

2197 Chase Drive | 916-363-0350

District Administrative Office

2729 Prospect Park Drive, Suite 230 | 916-842-3300

Email

customerservice@crpd.com

CRPD BOARD OF DIRECTORS

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Rancho Cordova (Zone A)

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Rancho Cordova (Zone A)

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PHOTO CREDIT

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RICK MANESS

Cordova



STEAM

PRESCHOOL

REGISTRATION FOR 2022-23
SCHOOL YEAR IS
NOW OPEN!

Our preschool program is full STEAM ahead!
STEAM includes the subjects of science, technology,
engineering, art and math. Our program prepares your little
learners with hands-on activities that encourage
collaboration, critical thinking and creativity.

Contact 916-369-9844 or email customerservice@crpd.com
for more information or to register.

REQUIREMENTS:

- Birth certificate and immunization record for new students
- Children must be at least 3 and potty trained by the first day of school

Location: Hagan Community Center – Building #3

ACTIVITY	CLASS	DAYS	DATES	TIME	FEE
3161	Mega	Mon, Wed, Fri	Sept. 7-May 12	8:30-11:30 a.m.	\$2,400/yr*
3162	Micro	Tues & Thurs	Sept. 6-May 12	8:30-11:30 a.m.	\$1,650/yr*
3163	Nano	Tues & Thurs	Sept. 6-May 12	12:30-3:30 p.m.	\$1,650/yr*

*Plus \$50 registration fee

Cordova STEAM Open House

Register for a 20 minute time slot at one of our open house
events to meet your teacher and view the classroom! Students are
welcome to attend!

Location: Hagan Community Center – Building #3

ACTIVITY	DAYS	DATES	TIME
3165	Wed	Aug. 24	4-7 p.m.
3166	Thurs	Aug. 25	4-7 p.m.



To register and more information
scan QR code





Aquatics

PUBLIC SWIM GENERAL INFORMATION

Entrance fee is for all who enter the pool area, not just swimmers. Punch cards and season passes can be purchased at each pool location and the Hagan Community Center. Large groups of 20 or more, or field trip groups must pre-arrange details or risk being denied entry.

Call 916-369-9844 or email customerservice@crpd.com for more information.

CORDOVA COMMUNITY POOL

2197 Chase Drive • 916-839-3786

The Cordova Community Pool features two swimming pools. The activity pool has splash features and a sloped entry with depths that vary from zero to 4 feet. The competition pool provides 8 deep lanes, 2 shallow lanes, a diving board and has depths that vary from 3.5 to 12 feet. The complex features picnic tables, an open grass area, bleachers and a shade canopy.

Hours (excluding holidays)*

DAYS	DATES	TIME	ENTRANCE FEE
Fri	Aug. 5-19	4:30 - 7 p.m.	\$5/person or Season Pass
Weekends	Aug. 6 - Oct. 2	1 - 5 p.m.	\$5/person or Season Pass

*Pool will operate 1-5 p.m. on Labor Day.

LINCOLN VILLAGE COMMUNITY POOL

3450 Routier Road • 916-520-1649

Features one swimming pool. The pool has a sloped entry, and depths ranging from zero to 5.5 feet. This facility is surrounded by open grass areas and a shade canopy.

Hours (excluding holidays)*

DAYS	DATES	TIME	ENTRANCE FEE
Mon-Fri	Aug. 1 - 12	1 - 4 p.m.	\$3/person or \$20/10-visit punch card/Pass
Weekends	Aug. 6 - Sept. 5	1 - 5 p.m.	\$3/person or \$20/10-visit punch card/Pass

*Pool will operate 1-5 p.m. on Labor Day.



For more aquatics information, scan code.

WHITE ROCK COMMUNITY SPLASH PARK

10488 White Rock Road • 916-369-9844

Stay cool this summer at the dynamic and interactive splash park featuring a large dump bucket, waterslides, canons, water jets and much more. Visit our website for OSHA height requirements for the slides. Adults and children not tall enough for slides can enter for free and play in the spray areas.

Maximum capacity is 70 people.

Splash Park Hours

DAYS	DATES	SLIDE FEES
Sat & Sun	Aug. 6 - Sept. 4	\$1/session (cash only)
Mon - Fri	Aug. 1 - 5	\$1/session (cash only)
Mon	Sept. 5	\$1/session (cash only)

SESSION	TIME
1	11 a.m. - 12:30 p.m.
2	1 - 2:30 p.m.
3	3 - 4:30 p.m.

SEASON PASSES

Buy a season pass and enjoy both the Cordova Community Pool and the Lincoln Village Pool all season!

\$65 INDIVIDUAL PASS

\$180 FAMILY PASS*

*Family of Four: \$45 each additional person, must reside in same household



COMMUNITY SPRAY PARKS

Great for keeping you and your family cool in the hot summer months, our spray parks have water features that spray, sprinkle and drop!

Heron Landing Community Park	11750 Justinian Drive
Stone Creek Community Park	3625 Spoto Drive
Sunridge Park	4041 Borderlands Drive
The Village Green	3141 Bridgeway Drive

Spray Park Hours

DAYS	DATES	TIME
Fri - Sun	May & Sept.	10 a.m. - 7 p.m.
Mon - Sun	June - Aug.	10 a.m. - 7 p.m.

LAP SWIM

Stay in shape and enjoy the Cordova Community Pool with our lap swimming program. Our 25-yard competition pool is heated to a comfortable 78 degrees. The number of lanes available varies. Lanes are first-come, first-served and you may be required to share a lap swimming lane during peak times. There are dedicated lap lanes every day during public swim hours.

Location: Cordova Community Pool

DAYS	DATES	TIME	FEE
Fri	Aug. 5 - 9	4:30 - 7 p.m.	\$40/10-visit punch card or Season Pass
Weekends*	Aug. 6 - Oct. 2	1 - 5 p.m.	\$40/10-visit punch card or Season Pass

*Pool will operate 1-5 p.m. on Labor Day

FALL SWIM CONDITIONING CLINICS

With Cordova Blue Marlins

Continue training to prepare for next season! *Space is limited.*

Location: Cordova Community Pool

Ages: 10 & Under

ACTIVITY	DAYS	DATES	TIME	FEE
4731	Mon & Wed	Sept. 12 - Oct. 5	4:45 - 5:30 p.m.	\$55
4732	Tues & Thurs	Sept. 13 - Oct. 6	4:45 - 5:30 p.m.	\$55

Ages: 11-18

ACTIVITY	DAYS	DATES	TIME	FEE
4733	Mon & Wed	Sept. 12 - Oct. 5	5:30 - 7 p.m.	\$80
4734	Tues & Thurs	Sept. 13 - Oct. 6	5:30 - 7 p.m.	\$80

SYNCHRO FALL CLINICS

With Cordova Cordettes

Ages: 5 - 18

Continue training to prepare for next season!

Location: Cordova Community Pool

Novice

ACTIVITY	DAYS	DATES	TIME	FEE
4831	Mon & Wed	Sept. 12 - Oct. 5	5:15 - 6 p.m.	\$55

Intermediate

ACTIVITY	DAYS	DATES	TIME	FEE
4832	Mon & Wed	Sept. 12 - Oct. 5	6 - 7 p.m.	\$72



CORDOVA CORDETTES

Check our website for additional information

Location: Cordova Community Pool

Join our recreational synchronized swim team! Coaches will teach swimmers the sport that combines dance, gymnastics and endurance in the water. Swim meet dates vary in June and July. The team is open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be comfortable in deep water and able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

REGISTRATION OPENS FEB. 20, 2023!

CORDOVA BLUE MARLINS

Check our website for additional information

Location: Cordova Community Pool



Join us for a summer of competitive swimming. The Blue Marlins are a summer recreational swim team that competes against other Sacramento area teams. Practice times vary. Specific information is in the team handbook found at www.cordovabluemarlins.com. Swim meets are Saturdays in June and July. The teams are open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18). *Space is limited.*

REGISTRATION OPENS FEB. 20, 2023!

SWIM TEAM OPEN HOUSE SATURDAYS

Thinking about joining a swim team? Come visit the Cordova Community Pool to meet the coaches and take the swim test. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

Cordova Blue Marlins

ACTIVITY	DAYS	DATES	TIME	FEE
4720	Sat	2/11, 2/18, 3/11, 3/18	10:30 a.m. - Noon	Free

Cordova Cordettes

ACTIVITY	DAYS	DATES	TIME	FEE
4820	Sat	2/11, 2/18, 3/11, 3/18	10:30 a.m. - Noon	Free

SPRING LIFEGUARD TRAINING

Ages: 15+

This American Red Cross course is a combination of Lifeguard Training, CPR for the Professional Rescuer, Administering Emergency Oxygen and First Aid for Public Safety Personnel (Title 22). This complete course provides all certifications necessary to obtain employment as a lifeguard in the State of California.

Prerequisites: The required swimming skills include 300 yards continuously swimming (12 laps), tread water for 2 minutes without hands and perform a 20-yard swim and 10 lb. brick retrieval in 7 feet of water. Must be 15 years old by the last day of class.

**This class requires 7 hours of online course work before the first day of class. One week before the class you will be emailed the pre-course login information.*

Location: Hagan Community Center & Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4310	Sat & Sun	Feb. 25 - 26 & Mar. 4 - 5	8 a.m. - 6 p.m.	\$253/person
4311	Mon - Thurs	Mar. 13 - 16*	8 a.m. - 6 p.m.	\$253/person

**Elk Grove Unified School District Spring Break. Additional classes coming in April and May!*



Swim LESSONS

REGISTRATION NOW OPEN!

REGISTRATION INFO & TIPS

- ▶ Session registration closes at 5 p.m. on the Thursday prior to the first day. \$5 late fee for all registrations taken after deadline.
- ▶ Most swimmers will take each level more than once.
- ▶ Swim attire, sunscreen and towel highly recommended.
- ▶ Goggles and swim caps optional (no snorkel masks).
- ▶ Swim-diapers required for children who wear a diaper.
- ▶ We will not transfer, refund or credit students for missed lessons.

STEP 1 > CHOOSE LEVEL

GROWNUP & ME GROUP LESSONS

Shrimps: (Ages 6 mo-3 yrs)

Beginning lessons for infants and toddlers. Emphasis on water adjustment, floating, bubbles, going underwater, holding breath, kicking and arm movement through songs and games. Requires adult participation in the water.

Seahorses: (Ages 3-5 yrs)

Swim readiness class for young children. It introduces floating, bubbles, going underwater, holding breath, kicking, arm strokes, glides, body position and entering and exiting water. Requires adult participation in the water.

GROUP LESSONS FOR BEGINNERS

Tadpoles: Level 1 (Ages 3-5 yrs)

Swim readiness class for young children who are ready to swim with the instructor(s). It introduces floating, bubbles, going underwater, holding breath, kicking, arm strokes, glides, body position and entering and exiting the water.

Guppies: Level 2 (Ages 3-5 yrs)

For young children who are able to glide 2 body lengths, roll over and float for 3 seconds with support. Emphasis on breath control, rhythmic breathing, floating, gliding, sculling, forward propulsion, kicking, arm strokes and basic safety.

Lobsters: Level 1 + 2 (Ages 6-14 yrs)

For first-time swimmers. Emphasis on entering and exiting the water, submerging, breath control, rhythmic breathing, floating, gliding, sculling, forward propulsion, kicking, arm strokes and basic safety.

GROUP LESSONS FOR INTERMEDIATE

Turtles: Level 3 (Ages 4-14 yrs)

For swimmers who are able to float or tread for 15 seconds and swim 5 body lengths unsupported. Emphasis on rhythmic and rotary breathing, floating, treading, sculling, forward propulsion and water safety. It introduces freestyle, backstroke and elementary backstroke.

STEP 2 > CHOOSE TIME

FALL SWIM LESSONS

Check www.crpd.com for information on Fall swim lessons at the new Cordova Community Pool this September! Two options will be available in the evenings: Mondays/Wednesdays and Tuesdays/Thursdays.

ACTIVITY	SESSION	DAYS		DATES	
		4:45	5:15	5:45	6:15
4951	1	Mon & Wed		Sept. 12-Oct. 5	
4952	2	Tues & Thurs		Sept. 13-Oct. 6	
Shrimps				✓	✓
Seahorse	✓				
Tadpoles		✓		✓	
Guppies	✓				✓
Lobsters	✓	✓			✓
Turtles			✓	✓	



Group Fee\$68/class for 8 lessons

Private Fee\$99/class for 4 lessons

Each lesson is 25 minutes.

See www.crpd.com for private lesson dates.



DeeWee SPORTS & LEAGUES

Pee Wee Sports

With CRPD Youth Sports Coaches

Ages: 3-6

Fee: \$60/session

Activity: 3700

Designed specifically for first timers, these child-friendly, 5-week sessions focus on sports fundamentals, general game knowledge, and prepare children for organized team sports. Each session meets one day per week. If you are interested in multiple days, register for multiple sessions. Be sure to sign up early to secure your spot!

Location: Mather Sports Complex & Rosemont Community Park

SPORT	DAYS	DATES	TIME
2022			
Ninjas	Mon	Aug. 15 - Sept. 19	4 - 4:45 p.m.
Hockey	Tues	Aug. 16 - Sept. 13	5:15 - 6 p.m.
Basketball	Wed	Aug. 17 - Sept. 14	4:15 - 5 p.m.
Basketball	Wed	Aug. 17 - Sept. 14	5:15 - 6 p.m.
Soccer	Tues	Sept. 20 - Oct. 18	4 - 4:45 p.m.
Soccer	Wed	Sept. 21 - Oct. 19	4:15 - 5 p.m.
Flag Football	Mon	Sept. 26 - Oct. 24	4 - 4:45 p.m.
Ninjas	Mon	Nov. 7 - Dec. 5	4 - 4:45 p.m.
All Sports Palooza	Tues	Nov. 8 - Dec. 6	4 - 4:45 p.m.
Indoor Soccer	Tues	Dec. 13 - Jan. 10	4 - 4:45 p.m.
Basketball	Wed	Dec. 14 - Jan. 11	4:15 - 5 p.m.
Basketball	Wed	Dec. 14 - Jan. 11	5:15 - 6 p.m.
2023			
Olympic Games	Mon	Jan. 16 - Feb. 13	4 - 4:45 p.m.
Hockey	Tues	Jan. 17 - Feb. 14	4 - 4:45 p.m.
Indoor Soccer	Wed	Jan. 18 - Feb. 15	4:15 - 5 p.m.
Indoor Soccer	Wed	Jan. 18 - Feb. 15	5:15 - 6 p.m.
Tee Ball/Softball	Mon	Feb. 20 - Mar. 20	4 - 4:45 p.m.
Hockey	Tues	Feb. 21 - Mar. 21	4 - 4:45 p.m.
Indoor Soccer	Wed	Feb. 22 - Mar. 22	4:15 - 5 p.m.
Indoor Soccer	Wed	Feb. 22 - Mar. 22	5:15 - 6 p.m.

NEW



SOCCER LEAGUE

Skills Clinic (Players & Coaches): Feb. 17

Ages: 4-6

Fee: \$125 (\$140 after registration deadline)

Join us for our Pee Wee Soccer league! This is an instructional 4 v. 4, six-week soccer league. Players will be separated into small teams where volunteer coaches will teach them the fundamentals of the game in a safe, fun and enriching environment. Each team will have a one-hour practice during the week (Monday-Friday) based on the volunteer coach's availability and games will be played on Saturdays. **Interested in coaching? Contact us at 916- 307-6867 or tevanoff@crpd.com.**

Location: Mather Sports Complex – Soccer Fields

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES
7302	Jan. 29	Mar. 4 - Apr. 8	Sat	11 a.m. - Noon



Youth Sports Camps PAGE 14



← For more pee wee information, scan code.

Youth SPORTS

VISION SOCCER TRAINING & FUTSAL FACTORY INDOOR SOCCER CLINICS

CRPD is partnering with Vision Soccer Training & Futsal Factory to offer some of the best outdoor/indoor soccer clinics in the Sacramento region, for kids ages 3-13 years old. Each clinic is designed for a specific age group, which guarantees maximum development. Futsal is recognized around the world as the #1 way for players to become more skillful. Futsal players perform better under pressure and can make in-the-game decisions quicker than their competitors that lack formal futsal training. Our training programs use various dynamics and fast-paced activities to help players dramatically improve their individual skills.

Vision Soccer

ACTIVITY	CLASS TITLE	AGES	DAYS	TIME	FEE
3703	Kinder Kickers	3-5	Sat	1 - 1:45 p.m.	\$65/session
3704	Juniors	6-7	Sat	1:50 - 2:35 p.m.	\$65/session
3705	Cadets	8-10	Sat	2:45 - 3:35 p.m.	\$69/session
3706	Sr. Cadets	11-13	Sat	3:40 - 4:30 p.m.	\$69/session

Vision Soccer Training Session Schedule

SESSION	DATES	LOCATION
1	Aug. 13 - Sept. 3	Rosemont Community Park
2	Sept. 17 - Oct. 8	Heron Landing Community Park
3	Oct. 22 - Nov. 12	Labyrinth Community Park

Futsal Factory

ACTIVITY	CLASS TITLE	AGES	DAYS	TIME	FEE
3703	Kinder Kickers	3-5	Sat	9 - 9:45 a.m.	\$75/session
3704	Juniors	6-7	Sat	9:50 - 10:35 a.m.	\$75/session
3705	Cadets	8-10	Sat	10:40 - 11:30 a.m.	\$79/session
3706	Cadets II	11-13	Sat	11:35 a.m. - 12:25 p.m.	\$79/session

Futsal Factory Session Schedule

SESSION	DATES	LOCATION
1	Nov. 19 - Dec. 17	Mather Sports Center - Gym
2	Jan. 7 - 28	Mather Sports Center - Gym
3	Feb. 4 - 25	Mather Sports Center - Gym
4	Mar. 11 - Apr. 1	Mather Sports Center - Gym

Gymnastics

With Turns n Tumble

Ages: 3-14

Does your child "tumble" around the house? Join this class to learn the proper form for cartwheels, somersaults, handstands and more! Your aspiring gymnast will develop balance and muscle strength, while benefiting from individualized instruction in this program. Attire: Comfortable clothing.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
AGES 3-5				
3111	Tues	Ongoing	4:30 - 5:15 p.m.	\$48/month*
AGES 5-14				
3112	Tues	Ongoing	3:45 - 4:30 p.m.	\$48/month*
AGES 7-14				
3113	Tues	Ongoing	5:15 - 6 p.m.	\$48/month*

*\$36/month for December and February. No class on 11/22, 12/27, 1/3 and 2/21.



WHERE ALL KIDS PLAY

We will help you find a sport your child will love!

The Rancho Cordova Athletic Association (RCAA) youth sports leagues are a great way for your child to stay physically active, learn the value of teamwork, make friends and have fun!

The RCAA leagues include softball and baseball, soccer, swimming, football, basketball and cheerleading!

Come be a part of our recreational leagues "Where All Kids Play."



RCATHLETICS.ORG



For more youth information, scan code.

Kingdom Taekwondo

With Master E.J. Harris

Ages: 6+

Enroll today and learn Taekwondo with The Kingdom Martial Arts. Our award-winning, life-changing, confidence-building program is perfect for all ages (6 and up). In our program students learn self-defense skills, improve discipline, and have a lot of fun!

Location: Mather Sports Center – Dance Room

ACTIVITY	DAYS	DATES	TIME	FEE
LITTLE DRAGONS: AGES 3-5				
3710	Tues & Thurs	Ongoing	4:15 - 4:45 p.m.	\$90/month
BEGINNER/ALL BELTS: AGES 6-14				
3708	Mon & Wed	Ongoing	5 - 6 p.m.	\$90/month
3709	Tues & Thurs	Ongoing	5 - 6 p.m.	\$90/month
ADULTS/ALL BELTS: AGES 15+				
2708	Mon & Wed	Ongoing	6 - 7 p.m.	\$90/month

Kingdom Basketball

With Master E.J. Harris

Ages: 7-12

Join coach Harris (former college basketball player) for his skill building monthly instructional basketball classes. Classes will focus on critical fundamental skills of the game and have your players walking away ready for the upcoming Jr. Kings basketball season. Get in the game today with Coach Harris!

Location: Mather Sports Center – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
3701	Mon & Wed	Aug. 8 - 31	4 - 4:45 p.m.	\$90/month
3701	Mon & Wed	Sept. 12 - Oct. 5	4 - 4:45 p.m.	\$90/month
3701	Mon & Wed	Jan. 9 - Feb. 1	4 - 4:45 p.m.	\$90/month
3701	Mon & Wed	Feb. 2 - Mar. 1	4 - 4:45 p.m.	\$90/month

Park Adventures

With CRPD Staff

Ages: 6-12

Fee: \$15/session

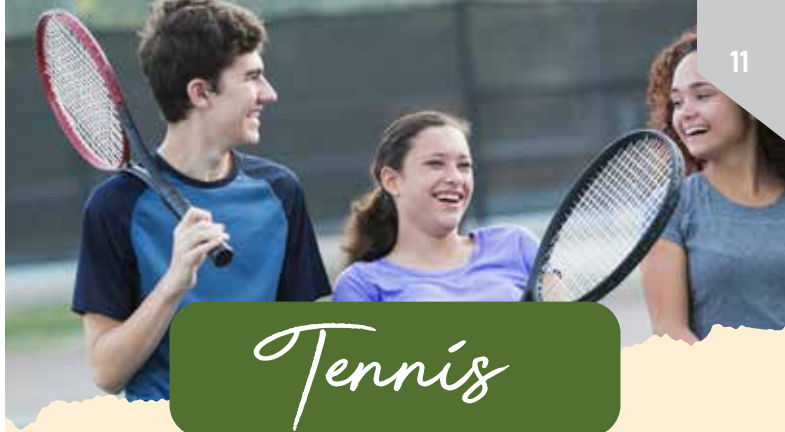
This fun outdoor program is sure to entertain your kiddos with themed activities and projects this fall! Kids will enjoy physical activity through games, tap into a creative side with crafts and projects as well as socialize with new friends. Sign up for one or multiple weeks!

Location: Rosemont Community Park

ACTIVITY	DAYS	DATES	TIME	THEME
3630.1	Sat	Sept. 10	10 a.m. - Noon	Exploring Nature
3630.2	Sat	Sept. 24	10 a.m. - Noon	Ocean Wonders
3630.3	Sat	Oct. 8	10 a.m. - Noon	Build It!
3630.4	Sat	Oct. 22	10 a.m. - Noon	Mad Science

NEW CLASSES!

New tennis classes are on the way!
Check out our website at www.crpdc.com



Tennis

JUNIOR TENNIS

NEW

With Coach Garth

Ages: 6-14

Learn to play tennis and have fun with your friends, with level 1 PTR (professional tennis registry) certified tennis Coach Garth! These classes are geared for tennis players who are brand new to tennis or who have intermediate skills. Tuesday classes are one-hour skill-based classes. Saturday classes are one-hour skill based and 1-hour match play, classes.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3302	Tues	Sept. 13 - Oct. 18	5:30 - 6:30 p.m.	\$60
3303	Sat	Sept. 17 - Oct. 22	10:45 a.m. - 12:45 p.m.	\$85
3302	Tues	Mar. 7 - Apr. 18*	5:30 - 6:30 p.m.	\$60
3303	Sat	Mar. 11 - Apr. 22*	10:45 a.m. - 12:45 p.m.	\$85

*No class on 4/4 or 4/8

My First Tennis Lesson

With CRPD Staff

Ages: 4-6

During this 6-week program which includes one class per week, kids will participate in fun activities while learning the fundamentals of tennis in a safe and supportive environment. With this program the use of "right-sized" equipment (regarding, weight, length, speed, and size) allows young players to learn and play more effectively. Some parent participation.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3300	Sat	Mar. 11 - Apr. 22*	9:30 - 10:30 a.m.	\$60

*No class 4/8

Learn to Play: Tennis

With CRPD Staff

Ages: 7-12

Grant Funded by the Sacramento Junior Tennis Fund

Has your child ever wanted to try tennis, but has not had the opportunity due to financial restraints, unfamiliarity of the sport, or any other reason? If you said yes, then this is the perfect program for your child! This program provides students with the opportunity to try tennis in a safe, enriching, and supportive environment. This opportunity to play is granted funded by the Sacramento Junior Tennis Fund. A small commitment fee is required. Upon completion of the class students will be provided with their very own tennis equipment.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3301	Sat	Mar. 11 - Apr. 22*	10:45 - 11:45 a.m.	\$12

*No class 4/8



For more tennis information, scan code.



Youth SPORTS LEAGUES



VISIT www.teamsideline.com/cordova FOR DETAILED LEAGUE INFORMATION



Jr. Kings Youth Basketball Leagues

Grades: Kindergarten-5th Grade

They shoot, they score! In partnership with the Sacramento Kings, we are offering

our Jr. Kings Coed Youth Basketball League. This program includes one practice per week, six league games and a special appearance facilitated by the Jr. Kings staff.

Location: Mather Sports Center – Basketball Gym

FALL 8-GAME LEAGUE

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES	FEE
7403	Sept. 4	Oct. 15 - Dec. 10	Sat	8 a.m. - 3 p.m.	\$125*

*\$140 after registration deadline

SPRING 6-GAME LEAGUE

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES	FEE
7201	Feb. 12	Mar. 18 - Apr. 29	Sat	8 a.m. - 3 p.m.	\$125*

*\$140 after registration deadline



Interested in Coaching?

Please contact us at 916-307-6867 or tevanoff@crpd.com. Each team requires adult volunteer coach(es).



NFL Youth Flag Football League

Grades: Kindergarten-8th Grades

Our Coed NFL Youth Flag Football League is a real touchdown! This league will teach fundamentals of football, good sportsmanship and teamwork. Each participant will receive an NFL Flag jersey, shorts and a certificate of participation. The season includes a player evaluation day and six league games.

Location: Heron Landing Community Park

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES	FEE
7202	Apr. 2	May 13 - June 24	Sat	8 a.m. - 3 p.m.	\$125*

*\$140 after registration deadline

Evaluation Day: Friday, April 7 • 5:30 - 7:30 p.m.



Youth Street Hockey

Ages: 5-14

Score! Youth Street Hockey is back! Learn fundamentals of street hockey, good sportsmanship, and teamwork during this seven-game league.

Location: Mather Sports Complex – Street Hockey Rink

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES	FEE
7301	Dec. 18	Jan. 28 - Mar. 11	Sat	8 a.m. - 2 p.m.	\$115*

*\$130 after registration deadline

Skills Clinic Day: Saturday, January 7 • 9 - 11 a.m.



← For more youth information, scan code.

NEW**Art is Good for You!**With Heidi Yancey
Ages: 7-12

Learn drawing, watercolor, and art techniques in a fun learning environment with artist Heidi Yancey.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3101	Thurs	Ongoing	4 - 5 p.m.	\$48/month

Cooking with KidsWith Little Chefs World
Ages: 4-18

A variety of culinary skills, as well as kitchen and food safety tips are incorporated into each class. Students will create a meal or entrée to enjoy in class or share with friends and family. New menus introduced each session.

Location: Neil Orchard Senior Activities Center – Kitchen

ACTIVITY	DAYS	DATES	TIME	FEE
9900	Fri	Aug. 5 - 26	4 - 5 p.m.	\$65*
9900	Fri	Sept. 2 - 23	4 - 5 p.m.	\$65*
9900	Fri	Oct. 7 - 28	4 - 5 p.m.	\$65*
9900	Fri	Nov. 4 - Dec. 16**	4 - 5 p.m.	\$65*
9900	Fri	Jan. 6 - 27	4 - 5 p.m.	\$65*
9900	Fri	Feb. 3 - 24	4 - 5 p.m.	\$65*

* \$55 one-time material fee due to Instructor on first day of each session

** No class on 11/11, 11/25, 12/2

Cookies & Crafts with Mrs. ClausWith CRPD Staff
Ages: 6-14

Join Mrs. Claus for an evening of cookies and creating holiday gifts! Kiddos are welcome to wear holiday jammies.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3110.12	Fri	Dec. 9	6 - 8 p.m.	\$20/person

Barn Tours

With CRPD Staff

Our educational Barn is open, weather permitting, for tours! Staff will introduce you to our animals and share a brief history about each one. Bring a picnic and enjoy your lunch at nearby picnic tables in the park.

DAYS	DATES	TIME	FEE
Sat*	Ongoing	10 a.m. - Noon	\$1/person, cash only

*Tours do not take place on holidays or in the rain

Youth ARTS & ENRICHMENT**Baby Ballet**

With Turns n Tumble

Ages: 18 mo-3 years

Ballet is the foundation for many dances, so why not get an early start? Baby Ballet trains your little one in the fundamentals through well-known nursery rhymes!

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3121	Wed	Ongoing	3:45 - 4:15 p.m.	\$48/month*

*\$72 for combined November/December class. Winter showcase on 12/14 (\$5 material fee to instructor). \$36/month in January and February.

Pre-Ballet

With Turns n Tumble

Ages: 3-5

In Pre-Ballet, your blooming dancer will learn proper ballet technique and terms in a fun and rewarding atmosphere. Attire: black leotard, pink footless tights, pink leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet slippers or bare feet.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3122	Wed	Ongoing	4:15 - 5 p.m.	\$48/month*

*\$72 for combined November/December class. Winter showcase on 12/14 (\$5 material fee to instructor). \$36/month in January and February.

Ballet 1

With Turns n Tumble

Ages: 6-14

Dancers will learn turns, leaps and jumps as they develop personal artistry, while enhancing their physical coordination. Attire: black leotard, pink or flesh-tone footless tights, flesh-tone leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet shoes or bare feet. No tutus or skirts allowed.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3123	Wed	Ongoing	5 - 5:45 p.m.	\$48/month*

*\$72 for combined November/December class. Winter showcase on 12/14 (\$5 material fee to instructor). \$36/month in January and February.

Zumbini®

With Stephanie

Ages: 2 months-4 years (Grown-up participation required)

Created by Zumba® and BabyFirst, the Zumbini® parent and child program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning and fun!

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3141	Thurs	Ongoing	10 - 10:45 a.m.	\$40/month

Location: Rosemont Community Park

3641	Sat	Sept. 3 - 24	10 - 10:45 a.m.	\$40/month
3640	Fri	Sept. 16	4:30 - 5:15 p.m.	Free
3640	Fri	Sept. 30	4:30 - 5:15 p.m.	Free



For more tennis information, scan code.



Camps

Camp Cordova

ALL Camps Open for Registration on Sept. 12

CAMP CORDOVA FALL BREAK

With CRPD Staff

Ages: 6-14

Fee: \$105/week

Carve out some good times with our pumpkin themed camp. Join us for three action packed days of crafts, sports, cooking and games. This camp will be your campers pick of the patch this break!

Location: Hagan Community Center

ACTIVITY	WEEK	DAYS	DATES	TIME
513.1	1	Mon - Wed	Nov. 21 - 23	8 a.m. - 5 p.m.

CAMP CORDOVA WINTER BREAK

With CRPD Staff

Ages: 6-14

Activity: 5100

Fee: \$176/week

School is out for the holidays and this camp is a great way for your child to keep busy! Our enthusiastic and experienced staff will lead activities such as arts & crafts, sports, cooking projects, games and most importantly a lot of FUN!

Location: Hagan Community Center

ACTIVITY	WEEK	DAYS	DATES	TIME
514.1	1	Mon - Fri	Dec. 19 - 23	8 a.m. - 5 p.m.
514.2	2	Mon - Fri	Dec. 26 - 30	8 a.m. - 5 p.m.



EXCLUSIVE OFFER

5% OFF when registering multiple children in the same household!

Discount applies only to Camp Cordova Camps.

KINGDOM BASKETBALL CAMP

With Master E.J. Harris

Ages: 7-12

Activity: 5725

Join Coach Harris (former college basketball player) for his Basketball Spring Break Camp! Camp will focus on fundamental skills of the game. Get in the game today with Coach Harris!

Location: Mather Sports Complex - Gym

DAYS	DATES	TIME	FEE
Mon - Wed	Nov. 21 - 23	9 a.m. - 12 p.m.	\$75
Mon	Jan. 16	9 a.m. - 12 p.m.	\$25
Mon - Fri	Dec. 19 - 23	9 a.m. - 12 p.m.	\$125
Mon - Fri	Apr. 3 - 7	9 a.m. - 12 p.m.	\$125



SPRING BREAK TENNIS CAMP

With Coach Garth

Ages: 6-14

Play tennis and have fun with level 1 PTR (Professional Tennis Registry) certified Coach Garth! This camp is for players who are new to tennis or who have intermediate skills. If you participated in My First Tennis Lesson or Learn to Play Tennis this is a great camp to transition into. Classes are three hours Monday through Friday.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
5702	Mon - Fri	Apr. 3 - 7	9 a.m. - Noon	\$125



For more youth information, scan code.



Teen PROGRAMS

Teen Late Nights

With CRPD Staff
 Grades: 6th-12th
 Fee: \$5/HYDE Out members, \$10/Non-Members

At this fun-filled event, you can participate in various activities such as karaoke, Xbox Series S gaming tournaments, pool and ping pong tournaments, or dodgeball. Pizza and drinks are included. Come on out and invite your friends! Non-members must register by Wednesday before.

ACTIVITY	DAYS	DATES	TIME	THEME
3171	Fri	Sept. 16	6 - 9 p.m.	Blackout
3171	Fri	Oct. 21	6 - 9 p.m.	Fright Night
3171	Fri	Nov. 18	6 - 9 p.m.	Totally 90's
3171	Fri	Dec. 16	6 - 9 p.m.	Ugly Sweater
3171	Fri	Jan. 20	6 - 9 p.m.	Out of the World
3171	Fri	Feb. 17	6 - 9 p.m.	Mystery Night
3171	Fri	Mar. 17	6 - 9 p.m.	Game Show

Babysitters Training

With CRPD Staff
 Grades: 6th-12th

This American Red Cross class will prepare you to become one of the most capable, trusted and in-demand sitters in your neighborhood. This training will provide a Babysitters Training and Pediatric First Aid Certification.

ACTIVITY	DAYS	DATES	TIME	FEE
3151	Sat	Oct. 8	9 a.m. - 5 p.m.	\$90
3152	Sat	Feb. 11	9 a.m. - 5 p.m.	\$90

Teen Outdoor Adventures

With CRPD Staff
 Grades: 6th-12th
 Trips meet at the Hagan Community Center

Is your teen looking for adventure? Our new Waves or Wheels Adventure Program provides two challenging and rewarding experiences for teens to create new memories and build new friendships. **Must register one week before the adventure date.**

Wave Adventure

Kayak at Lake Natoma! Guide, transportation, kayaks and life vests are provided.

ACTIVITY	DAYS	DATES	TIME	FEE
3071	Sat	Sept. 10	10:30 a.m. - 1:30 p.m.	\$35

Wheel Adventure

Mountain bike with Trips for Kids! Guide, transportation, bikes and helmets are provided. October ride in Point Pinole. November ride in Sacramento.

ACTIVITY	DAYS	DATES	TIME	FEE
3071	Sat	Oct. 15	8:30 a.m. - 4:30 p.m.	\$77
3071	Sat	Nov. 12	10:30 a.m. - 12:30 p.m.	\$39



LOCATION

2197 Chase Drive, Rancho Cordova
 Mon-Fri | 3-6 p.m. | Follows the FCUSD calendar

You do not have to be a member of the HYDE OUT program to participate in HYDE Out events.

The HYDE Out After-School Program

Grades: 6th-12th
 Fee: \$55/School year, \$28/Semester

Looking for a place for your teen to hang after school? The HYDE Out offers a comfortable space for local teens to develop skills, discover new talents and meet new friends. The HYDE Out is located within walking distance from Mills Middle School and transportation is provided from Mitchell Middle School (limiting seating available).

For more information visit www.crpdc.com/programs/teens/ or contact us at customerservice@crpdc.com or 916-369-9844.

DAYS	DATES	TIME
Mon - Fri	Aug. 16 - May 20	3 - 6 p.m.*

*Excludes holidays

Career Workshops with CRPD

With Folsom Cordova Community Partnership
 Grades: 9th-12th

Learn about 2023 CRPD summer job and volunteer opportunities! This workshop includes resume basics, interview skills, mock interviews and more! Lunch is provided. Free Lifeguard Class for students at select neighboring schools who attend a workshop and pass the lifeguard swim test.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
3181	Sat	Feb. 4	9 a.m. - 3 p.m.	Free
3182	Sat	Mar. 11	9 a.m. - 3 p.m.	Free

Youth Game Nights

With CRPD Staff
 Grades: 5th-8th

Join us for an entertaining night of interactive games and snacks. Put your skills, knowledge, and sense of humor to the test with new and familiar favorites. Invite your friends and come ready for fun!

ACTIVITY	DAYS	DATES	TIME	FEE
3131	Fri	Sept. 2	5 - 7 p.m.	Free
3131	Fri	Oct. 7	5 - 7 p.m.	Free
3131	Fri	Nov. 4	5 - 7 p.m.	Free

Youth Advisory Committee

Grades: 8th-12th
 Location: Hagan Community Center

The Youth Advisory Committee is a volunteer group who will work with the CRPD staff to address youth and teen related issues pertaining to recreation services and safe spaces. In addition to volunteering and community service projects, the committee will conduct exercises in democratic decision making, assessing and understanding community needs and understanding cultural diversity and team building projects. Contact customerservice@crpdc.com or 916-369-9844 for more information.

**Free Informational Meeting
 Thursday, September 1 at 6 p.m.**



Adult SPORTS & FITNESS

Fitness with Jennifer Alton

One punch card, four different classes! Bring water, towel and spongy foam or yoga mat.

Ages: 18+

Location: Neil Orchard Senior Activities Center

Fee for a 8-visit Punch Card: \$52/Member, \$57 Non-Member

Floor Mat Pilates

ACTIVITY	DAYS	DATES	TIME
9308	Tues & Thurs	Ongoing	4:30 - 5:15 p.m.

Restorative Yoga for the Back

ACTIVITY	DAYS	DATES	TIME
9305	Tues & Thurs	Ongoing	5:30 - 6:30 p.m.

Active Aging Chair Yoga

ACTIVITY	DAYS	DATES	TIME
9309	Tues & Thurs	Ongoing	3:45 - 4:30 p.m.

Active Aging Balance & Movement

ACTIVITY	DAYS	DATES	TIME
9310	Wed	Ongoing	2:30 - 3:15 p.m.

Friends Through Fitness

With Josie Glavich

Ages: 18+

This is an outdoor energetic and fun fitness class with strength training, cardio, core and flexibility. Instructor will provide a variety of different workouts each week in a friendly and positive atmosphere.

Location: Stone Creek Community Park – Amphitheater

ACTIVITY	DAYS	DATES	TIME	FEE
2531	Sat	Ongoing	9 - 10 a.m.	\$45/8-visit card
2531	Tues & Thurs	Ongoing	5:30 - 6:30 p.m.*	\$45/8-visit card

*Depending on sunset



NEW

Jump Roping

Ages: 12+

Instructor: Pete Fortune

Jump rope! Make fitness fun and your goals accessible. Whichever works for you... low, medium, or high intensity interval training, for you to decide through jumping rope. This 45-minute class prioritizes injury prevention that includes a warmup followed by a work out by combining jump rope and bodyweight exercises. Work, rest, repeat. Jump roping is a great tool to stay in shape and get moving with Coach Pete.

Location: Mather Sports Complex – Roller Rink

ACTIVITY	DAYS	DATES	TIME	FEE
3720	Tues & Thurs	Ongoing	6:15 - 7 p.m.	\$40/month

HIIT MMA Fitness & Self-Defense Conditioning

Ages: 12+

Instructor: Coach Battle

Attention TEENS & ADULTS! Would you like to work on achieving the strong, toned, athletic body of an MMA fighter but don't want to have to step into the octagon and face an opponent? This class will give you more energy, reduce stress, build self-confidence and increase your mind body connection all while gaining practical self-defense techniques. Coach Battle is CMT, ACEPT, MMACC and CMCC certified.

Location: Mather Sports Complex – Dance Room

ACTIVITY	DAYS	DATES	TIME	FEE
2079	Tues & Thurs	Ongoing	6:15 - 7:15p.m.	\$100/month

*Program begins January 2023



For more youth information, scan code.


NEW

Adult Basketball 3 v. 3

Ages: 18+

Fee: \$150

Game on! Join us for our recreation 3 v. 3 basketball league. Participants will engage in a half court self-officiated league games. Teams will compete in a best of 3 series to 15 points each game, there will be a total of 6 league games.

Location: Mather Sports Complex – Gym

ACTIVITY	SEASON	DAYS	START DATE	TIME	REG. DEADLINE
8301	Fall/Men's	Wed	Sept. 7	7-10p.m.	Aug. 21
8301	Fall/Men's	Thurs	Sept. 8	12-3p.m.	Aug. 21

Adult Pickleball

Ages: 18+

Fee: \$150

Join us on the newly resurfaced pickleball courts at Larchmont Community Park! This will be a self-officiated pickleball league in which, teams of 2 play 8 league games followed up playoffs. The winning team receives championship t-shirts and bragging rights.

Location: Larchmont Community Park – Courts

ACTIVITY	SEASON	DAYS	START DATE	TIME	REG. DEADLINE
8500	Fall	Tues	Aug. 29	8-10 a.m.	Aug. 7
8500	Fall	Wed	Aug. 30	6-8 p.m.	Aug. 7

Adult Volleyball

Ages: 18+

Fee: \$300

Bump, set and spike! Join us for our Women's and Coed Recreation volleyball leagues at the Mather Sports Center.

Location: Mather Sports Complex – Gym

ACTIVITY	SEASON	DAYS	START DATE	TIME	REG. DEADLINE
8303	Fall	Tues	Aug. 30	7-10 p.m.	Aug. 7

Adult Flag Football

Ages: 18+

Fee: \$515

Hut, hut, hike on over to Mather Sports Complex for CRPD's adult flag football league. Played on the all-weather synthetic turf field.

Location: Mather Sports Complex – Softball Complex

ACTIVITY	SEASON	DAYS	START DATE	TIME	REG. DEADLINE
8302	Fall	Wed	Sept. 14	7-10 p.m.	Aug. 14

Adult SPORTS LEAGUES

Adult Softball

Ages: 18+

Play ball with us today at the Mather Sports Center, in one of our popular adult softball leagues! We offer recreational or competitive Men's, Women's and Coed leagues. Sign up early to get your teams spot secured, as our leagues fill up fast. Each team is required to pay an annual \$30 USA Softball team insurance fee.

Location: Mather Sports Complex – Softball Complex

ACTIVITY	SEASON	DAYS	START DATE	TIME	FEE	REG. DEADLINE
8404	Fall	Mon-Fri	Aug. 15	6-10p.m.	\$515*	July 31
8304	Winter**	Mon-Fri	May 23	6-10p.m.	\$515*	Oct. 9
8400	Fall	Mon-Fri	Aug. 15	6-10p.m.	\$525**	Feb. 5
8001	2022 USA Softball Fee				\$30	

*\$540 after registration deadline

**\$550 after registration deadline

***Double Header League



Adult Basketball 5 v. 5

Ages: 18+

Fee: \$515

Game on! Join us for our recreation 5 v. 5 basketball league. Our leagues are geared for teams looking to get some court time in a safe, fun and friendly environment. Teams are guaranteed seven games and the top four teams in each division qualify for playoff games.

Location: Mather Sports Complex – Gym

ACTIVITY	SEASON	DAYS	START DATE	TIME	REG. DEADLINE
8301	Fall/Men's	Mon	Oct. 17	6-10 p.m.	Sept. 18
8301	Fall/Women's	Wed	Oct. 19	6-10 p.m.	Sept. 18
8301	Winter/Men's	Mon	Feb. 6	6-10 p.m.	Jan. 8
8301	Winter/Women's	Wed	Feb. 8	6-10 p.m.	Jan. 8

For league information such as registration packets, deadlines, schedules and scores please visit www.teamsideline.com/cordova



For more youth information, scan code.



Adult ARTS & ENRICHMENT

Tech Talk with MotoWorks

With MotoWorks LLC

Ages: 18+

These classes are for beginners and open to all ages. Use of computers included or students may bring their own. Seats are limited!

Location: Neil Orchard Senior Activities Center

ACTIVITY	DAYS	DATES	TIME	FEE
9601	Tues	See Below	5 - 7 p.m.	\$25/class

THEME	SESSION 1	SESSION 2	SESSION 3
Computers 101: The PC Basics	Sept. 13	Nov. 1	Jan. 10
Fundamentals of the Internet	Sept. 20	Nov. 8	Jan. 24
Socializing from Home	Sept. 27	Nov. 15	Jan. 31
A New Way to Call: Video Chatting	Oct. 4	Nov. 22	Feb. 7
Communication for the Future: Zoom	Oct. 11	Nov. 29	Feb. 14
Android 101: The Basics	Oct. 18	Dec. 6	Feb. 28
iPhone 101: The Basics	Oct. 25	Dec. 13	Mar. 7

Adult and Pediatric CPR Training

With CRPD Staff

Ages: 12+

Learn to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adults, children and infants. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/ED valid for two years. Meets OSHA/workplace requirements.

Location: Hagan Community Center

ACTIVITY	DAYS	DATES	TIME	FEE
2161	Sat	Nov. 5	10:30 a.m. - 1 p.m.	\$90/class
2162	Sat	Jan. 28	10:30 a.m. - 1 p.m.	\$90/class



For Active Adult Arts & Enrichment PAGE 21



For more youth information, scan code.

Country Line Dance

With Toni

Ages: 18+

Fee for 4-visit Punch Card: \$24

Designed for beginners and accomplished dancers, this class covers a full range of skills and routines. Each week participants will learn and practice steps and dances from both classic styles and the latest, most popular dances.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME
2111	Mon	Ongoing	7 - 8:30 p.m.

Cheng Man Ching Short Form Tai Chi

With Sacramento Cheng Man Ching Tai Chi Chuan Group

Ages: 13+

Fee for 6-visit Punch Card: \$40*

Learn to focus on the health and martial arts aspects of Cheng Man Ching's Tai Chi Chuan. We are a full Tai Chi curriculum school within the CMC tradition, teaching the 37 Movement short form, fixed and stepping push hands, two man practice sets, Da Lu and San Shou. Attire: comfortable loose clothing and flat-bottomed shoes. Punch card can be used for either class.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME
BEGINNER			
2141	Sat	Ongoing	9 - 9:55 a.m.
INTERMEDIATE			
2151	Sat	Ongoing	10 - 10:55 a.m.

*\$8/drop in class





Neil Orchard SENIOR ACTIVITIES CENTER

MEMBERSHIP

CRPD offers a wide variety of fun and educational activities for active seniors throughout the District. For a membership fee of just \$10 per year*, active seniors will receive discounts on classes and events, monthly newsletters and more. Non-Member costs: \$5 more per class at the Neil Orchard Senior Activities Center.

For more information call 916-366-3133. Membership is not required to participate in any CRPD activities.

HOLIDAY CLOSURES: Dec. 19 - Jan. 2



WE ARE SILVER&FIT AND ACTIVE&FIT

The Silver&Fit and Active&Fit program is an exercise and healthy program specifically designed for adults ages 65+ who want to improve their quality of life through exercise and fun. Members of participating health plans may qualify for free or discounted fitness classes. Check with your insurance carrier to see if you are eligible. Virtual classes are not eligible.

ON-GOING MEMBER ACTIVITIES

(Non-members pay \$1 drop-in fee per activity)

Activity	Days	Time
Library & Lounge	Daily	7:30 a.m. - Close
Jigsaw Puzzle Swap	Daily	7:30 a.m. - Close
Billiards	Daily	7:30 a.m. - Close
Bingo	Wed/Fri	12 - 2 p.m.
Hand & Foot**	Thurs	12:30 - 4:30 p.m.
Cordova Garden Club	1st Wed	10:30 a.m.

Award Winning Program
GREEN THUMB LUNCH

Fee: \$5 in advance, \$6 day of / to-go*

Meals will include a soup with either a salad or sandwich and baked good. Please RSVP no later than the Friday before.

ACTIVITY	DAYS	DATE	TIME
9100	Wed	Weekly	11:30 a.m.

*Starting September 1

**Must call to RSVP before attending card groups



Active ADULT FITNESS



Unless otherwise noted, all senior programs will be held at the Neil Orchard Senior Activities Center.

Beginning Kundalini Yoga

With Adam Batten

Ages: 50+

Monthly Fee: \$35/Member, \$40/Non-Member

This yoga class is very adaptable for all participants and levels of flexibility. We focus on breathing, stretching, and it is very active. Participants will gain lung capacity, flexibility, and learn to address stress.

ACTIVITY	DAYS	DATES	TIME
9301	Mon, Wed, Fri	Ongoing	9:15 - 10:15 a.m.

Walking To Get Fit

Ages: 50+

Fee: FREE

Enjoy the safety and companionship of walking in a group while reducing your risk of serious diseases like heart disease, stroke, diabetes and more. This social walking group is suitable for anyone looking to add physical activity into their regular routine; must be able to walk unassisted.

Location: Lincoln Village Community Park

ACTIVITY	DAYS	DATES	TIME
9302	Mon, Wed, Fri	Ongoing	10 - 11 a.m.

Zumba Gold

With Lidia Mondragon

Ages: 50+

Fee for 8-visit Punch Card: \$35/Member, \$40/Non-Member

Zumba Gold provides a modified, low-impact workout that focuses on balance, range of motion and coordination. The easy-to-follow choreography is perfect for active seniors and beginners. Bring a towel and water bottle.

ACTIVITY	DAYS	DATES	TIME
9303	Tues & Thurs	Ongoing	Noon - 1 p.m.

Cheng Man Ching Short Form Tai Chi

With Golden Jade Tai Chi Chuan

Ages: 50+

Fee for 6-visit Punch Card: \$40/Member, \$45/Non-Member

Learn to focus on health and martial arts aspects of Cheng Man Ching's Tai Chi Chuan. We are a full Tai Chi curriculum school within the CMC tradition, teaching the 37-movement short form, fixed and stepping push hands, two-man practice sets, Da Lu and San Shou. Attire: comfortable loose clothing and flat-bottomed shoes.

ACTIVITY	DAYS	DATES	TIME
9312	Tues & Thurs	Ongoing	9 - 10 a.m.

Intermediate Tai Chi

With Kathy Villegas

Ages: 50+

Fee for 10-visit Punch Card: \$47/Member, \$52/Non-Member

Often described as "meditation in motion," the gentle flowing movements of Tai Chi are excellent for stress reduction, improving balance, flexibility and circulation. Please bring water, wear loose comfortable clothing, and soft soled shoes. These classes are not meant for beginners.

ACTIVITY	DAYS	DATES	TIME
9304	Mon	Ongoing*	10:30 - 11:15 a.m.

*No classes October-December

Exercise

With Adam Batten

Ages: 50+

Monthly Fee: \$30 Member, \$35/Non-Member

Improve body composition, flexibility, strength and endurance while increasing energy and reducing stress in this fun, low-impact program designed for active seniors.

ACTIVITY	DAYS	DATES	TIME
9300	Mon, Wed, Fri	Ongoing	8 - 9 a.m.



For more active adult information, scan code.



Active ADULT ARTS & ENRICHMENT



SILVER SURFERS

With MotoWorks LLC

Ages: 50+

Fee: \$20/Member, \$25/Non-Member

These classes are for beginners. Use of computers included or students may bring their own. Seats are limited!

ACTIVITY	DAYS	TIME
9600	Mon	10 a.m. - Noon

THEME	SESSION 1	SESSION 2	SESSION 3
Computers 101: The PC Basics	Sept. 12	Oct. 31	Jan. 9
Fundamentals of the Internet	Sept. 19	Nov. 7	Jan. 23
Socializing from Home	Sept. 26	Nov. 14	Jan. 30
A New Way to Call: Video Chatting	Oct. 3	Nov. 21	Feb. 6
Communication for the Future: Zoom	Oct. 10	Nov. 28	Feb. 13
Android 101: The Basics	Oct. 17	Dec. 5	Feb. 27
iPhone 101: The Basics	Oct. 24	Dec. 12	Mar. 6

CIA-Cordova Independent Artist

Ages: 50+

Fee for 10-visit Punch Card: \$25/Member, \$30/Non-Member

Enjoy a rewarding and successful journey creating art in an open studio format. No instructor, simply community members coming together to create and share their experiences and knowledge in their particular medium.

ACTIVITY	DAYS	DATES	TIME
9401	Tues	Ongoing	9:30 - 11:30 a.m.

Arts & Crafts

With Maurine Humphreys

Ages: 50+

Monthly Fee: \$20/Member, \$25/Non-Member

Make handcrafted jewelry, seasonal items, and home decorations in this hands-on class. \$5 material fee payable to the instructor at the beginning of each month.

ACTIVITY	DAYS	DATES	TIME
9400	1st & 3rd Wed	Monthly	9 - 11:30 a.m.



For more active adult information, scan code.



For Youth Arts & Enrichment
PAGE 13

Line Dance (Beginner/Intermediate)

With Phyllis Gifford

Ages: 50+

Fee for a 10-visit Punch Card: \$50/Member, \$55/Non-Member

Round up your friends and get in line for a great time! In this class you will learn both classic and popular modern line dances. There are two classes to choose from to meet your ability level. Punch Card can be used for either class. No partner needed!

ACTIVITY	DAYS	DATES	TIME
BEGINNER			
9306	Tues	Ongoing	1:15 - 2:30 p.m.
INTERMEDIATE			
9306	Tues	Ongoing	2:30 - 3:15 p.m.

Advanced Country Line Dance

With Vicki Camblin

Ages: 50+

Fee for 10-visit Punch Card: \$35/Member, \$40/Non-Member

Join our lively group of line dancers! These classes are not meant for beginners. Student must meet with instructor prior to registering for class.

ACTIVITY	DAYS	DATES	TIME
9307	Thurs	Ongoing	1 - 3 p.m.



For Adult Country Line Dance **PAGE 18**

FREE INFORMATIONAL PRESENTATIONS

Phone Scams

We may have entered the digital age, but the telephone remains a key weapon for scammers targeting the senior population. As part of the Telecommunications Education and Assistance in Multiple Languages (TEAM) Collaborative, a member of ACC Senior Services will go through some of the most common types of phone scams and how to avoid them.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Sept. 19	1 p.m.

Estate Planning/Wills & Trusts

Planning for the future is crucial and estate planning is particularly important for seniors. An advocate from the Senior Legal Hotline of Northern California will walk you through this complex process. There will be a short Q&A session afterwards.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Oct. 17	1 p.m.
9700	Mon	Feb. 6	1 p.m.

Extended Travel with Collette

Join Jay Fehan from Collette for an informational presentation on a variety of exciting Collette Travel options. Information on upcoming trips will be presented as well as taking suggestions for future offered trips.

ACTIVITY	DAYS	DATE	TIME
9700	Thurs	Oct. 20	10:30 a.m.

Social Security

This presentation will be about Social Security retirement benefits. An advocate from Legal Services of Northern California will go over eligibility rules as well as eligibility requirements, including what it means to receive benefits before, during, or after normal retirement age and eligibility requirements to receive spouse's, divorced spouse's, or widow's/widower's benefits.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Nov. 7	1 p.m.

Get Up 'N Go Travel Presentation

Ready to get up and go? Learn about upcoming motorcoach trips and give input on what future trips you'd like to see us offer.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Sept. 12	1 p.m.
9700	Mon	Feb. 27	1 p.m.

Understanding Your PG&E Bill

Presented by ACC Senior Services through the Community Help and Awareness of Natural Gas and Electricity Services (CHANGES), this educational workshop will help you understand your PG&E bill.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Nov. 14	1 p.m.

Cyber Crimes (Internet, Social Media)

Cybercrimes are crimes that occur over the internet or by using a computer. A member of the District Attorney's staff will teach us about the most common types of crimes and risks online and how to protect yourself from them.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Dec. 12	1 p.m.

Understanding Your Phone Bill

Presented by ACC Senior Services through the TEAM Collaborative, this educational workshop will help you understand your phone bill.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Jan. 23	1 p.m.

Identity Theft & Insurance Fraud

Seniors are prime targets for identity thieves because they are more trusting, have more savings built up, and are less likely to closely monitor their credit and financial accounts. Join a member of the District Attorney's staff as they go over the most common types of identity theft and how to avoid them.

ACTIVITY	DAYS	DATE	TIME
9700	Mon	Mar. 13	1 p.m.

Presentations are open to all ages.

Please RSVP either online or by calling 916-366-3133 for these free presentations as space is limited.

Presentations are held at the Neil Orchard Senior Activities Center.



Senior Center EVENTS & ACTIVITIES



Events are held at the Neil Orchard Senior Activities Center. We encourage you to purchase tickets in advance as some events sell out quickly.

Fees:

\$8/Member, \$10/Non-Member

*Unless otherwise noted. No tickets sold on day of event.

Senior Citizen Day

Join us as we support, honor and show our appreciation to our seniors and their positive contributions to the community.

ACTIVITY	DAYS	DATE	TIME
9026	Wed	Aug. 17	11:30 a.m.

Halloween Bash

The werewolves will howl, the monsters will mash! It's time to celebrate with a Halloween Bash! Come dressed in your spooky best to be ready to eat, drink and be scary!

ACTIVITY	DAYS	DATE	TIME
9206	Wed	Oct. 26	11:30 a.m.

Celebrating Veterans Day

Join us as we show our appreciation for the men and women who served to keep America safe and free. Enjoy a delicious luncheon featuring a slice of delicious apple pie a la mode. Event is FREE for Veterans but must RSVP by 11/4.

ACTIVITY	DAYS	DATE	TIME
9204	Wed	Nov. 9	11:30 a.m.

Thanksgiving Feast

Put on your stretchiest pants and come over for a Thanksgiving Feast served with all the fixings! End the meal with a slice of delicious pumpkin pie.

ACTIVITY	DAYS	DATE	TIME
9202	Wed	Nov. 16	11:30 a.m.

Winter Wonderland

Eat, drink and be merry. You're invited to join us for our annual Winter Wonderland. Make sure to be on your best behavior though, you never know who'll drop in for a visit!

ACTIVITY	DAYS	DATE	TIME
9200	Wed	Dec. 14	11:30 a.m.

Lunar New Year Celebration

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food and good wishes.

ACTIVITY	DAYS	DATE	TIME
9201	Wed	Jan. 25	11:30 a.m.

Mardi Gras Party

Beads, masks and all that jazz! Enjoy a Cajun-inspired menu with live entertainment.

ACTIVITY	DAYS	DATE	TIME
9205	Wed	Feb. 22	11:30 a.m.

Sponsored by:



For more senior center information, scan code.

Excursions & TRIPS

Get Up N' Go Motorcoach Trips

- All trips include roundtrip charter bus transportation with on-board restroom from the Neil Orchard Senior Activities Center, driver gratuity and refreshments on the bus
- Seating is assigned by staff. If special accommodations are needed, please contact Jenny Ta at 916-366-3133 or jta@crpd.com
- Minors must be accompanied by a paying adult
- Charter bus can accommodate wheelchair and walkers, participants in wheelchairs must provide at least 30 days advance noticed to ensure a bus with a wheelchair lift is reserved (walkers will be stored under the bus during travel)

Great Italian Festival Reno Overnight

With CRPD Staff

Ages: 18+

The Great Italian Festival transforms downtown Reno into Little Italy with a grape stomp, an Italian farmers market, food booths and incredible free, live entertainment all weekend long.

Activity Level: Moderate level of walking

Cancellation deadline is September 1

ACTIVITY	DAYS	DATE	FEE
9000	Sat & Sun	Oct. 8 - 9	\$285 Double; \$415 Single

San Francisco Shopping Daytrip

With CRPD Staff

Ages: 18+

Kick off the holiday season with a day of shopping, dining, and sightseeing in San Francisco. You have your choice of being dropped off in beautiful and bustling Union Square or at the festive Pier 39 to experience one of the most recognizable waterfronts in the world.

Activity Level: Moderate/strenuous level of walking

Cancellation deadline is November 4

ACTIVITY	DAYS	DATE	FEE
9000	Mon	Nov. 28	\$69

Elf The Musical

With CRPD Staff

Ages: 18+

Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole where he is raised as an elf. Enjoy a hosted lunch before taking your seat at the East Sonora Theater for this heartwarming holiday musical.

Activity Level: Minimal level of walking

Cancellation deadline is November 4

ACTIVITY	DAYS	DATE	FEE
9000	Thurs	Dec. 8	\$149

Flights, Bites & Lights

With CRPD Staff

Ages: 18+

Join us and the Livermore Wine Trolley for a sparkling holiday experience of flights, bites, and lights. Early dinner included before the holiday lights tour.

Activity Level: Moderate level of walking

Cancellation deadline is November 1

ACTIVITY	DAYS	DATE	FEE
9000	Mon	Dec. 19	\$195

Collette Trips

All rates include Roundtrip Transfer to Airport, Roundtrip Air, Air Taxes and Fees/Surcharges, and Hotel Transfers. Please contact Jenny Ta at 916-366-3133 for more information

Tropical Costa Rica

9 Days/ 14 Meals

Highlights: San Jose, Coffee Plantation, Guanacaste, Monteverde Cloud Forest, Arenal Volcano, Lake Arenal Cruise, Cano Negro Refuge, Zarcero

ACTIVITY	DATE	FEE
9005	Mar. 18 - 26	Double \$2,398; Single \$2,898; Triple \$2,368

Discover Bluegrass Country & The Smoky Mountains

9 Days/ 13 Meals

Highlights: Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Asheville, Biltmore Estate

ACTIVITY	DATE	FEE
9005	Apr. 13 - 21	Double \$2,999; Single \$3,899; Triple \$2,969

Canadian Rockies & Glacier National Park

7 Days/ 10 Meals

Highlights: Calgary, Head-Smash-In Buffalo Jump, Waterton Lakes National Park, Glacier National Park, Going-to-the-Sun Road, Banff, Athabasca Glacier, Lake Louise

ACTIVITY	DATE	FEE
9005	Jun.25 - July 1	Double \$3,399; Single \$4,099; Triple \$3,369




For more excursions information, scan code.



Cordova GOLF COURSE



9425 Jackson Road, Sacramento, CA | 916-362-1196
www.cordovagc.com | Daily • Sunrise - Sunset

 Book your tee time at www.cordovagc.com

GREEN FEES & RATES*

9-HOLE FEE			
MON-FRI	FEE	SAT-SUN	FEE
Regular	\$17	Regular	\$19
Junior	\$10	Junior	\$10
Twilight	\$15	Twilight	\$17
Last Light	\$11	Last Light	\$11

18-HOLE FEE			
MON-FRI	FEE	SAT-SUN	FEE
Regular	\$26	Regular	\$31
Junior	\$15	Junior	\$15
Seniors, Vets, First Responders	\$22	Seniors, Vets, First Responders	\$27
Twilight	\$17	Twilight	\$22
Last Light	\$11	Last Light	\$11

RENTAL RATES			
9-HOLE	FEE	18-HOLE	FEE
Power Cart	\$11 per rider	Power Cart	\$16 per rider
Push Cart	\$6	Push Cart	\$8
Golf Clubs	\$6	Golf Clubs	\$11

DRIVING RANGE WITH GRASS HITTING STATIONS	
BUCKET	FEE
Large Bucket (100 balls)	\$12
Medium Bucket (70 balls)	\$10
Small Bucket (30 balls)	\$5
Range Key Deposit	\$5

Juniors: Ages 15 & Under | Last Light: 2 hours before sunset | Twilight: After 3 p.m.

*Fees go in effect September 1



Beach Hut Deli Opening Late Summer!



Tournaments

Groups and individuals interested in scheduling a tournament can make reservations by calling 916-362-1196.

Follow @cordovagolcourse on Instagram & Facebook



For more golf course information, scan code.



Lessons & CLINICS

PRIVATE GOLF LESSONS

Whether you're a beginner or an avid golfer, you are invited to participate in golf lessons at Cordova Golf Course. We can help you learn to play or significantly improve your game. Our Professional Instructors customize instruction tailored to your skill level and will help you achieve your personal goals.

Adult Lessons (Ages 18+)

With Jack Rovane, PGA With Denise Fass, PGA With Don Levin, Instructor

30-Minutes	30-Minutes	1 Hour	1 Hour
\$50	\$50	\$100	\$100

Junior Lessons (Ages 6-17)

With Don Levin, Instructor With Denise Fass, PGA With Don Levin, Instructor

30-Minutes	30-Minutes	1 Hour	30-Minutes
\$40	\$40	\$80	\$40

Junior Girls Clinic

With Denise Fass, PGA

Designed to promote the game of golf among junior girls, Coach Denise teaches golf fundamentals, rules and etiquette in a safe, informal and fun environment. Utilizing a station-based approach, Coach Denise incorporates First Tee Lifeskills and Core Values in every class, to help junior girls reach their personal goals both on and off the golf course!

AGES	DAYS	DATES	TIME	FEE
6 - 14	Sun	Sept. 24-Oct. 30	10 - 11 a.m.	\$60/player

Youth On Course



Golf teaches important social, mental and physical skills. Providing youth with access to affordable golf is key to these endless learning opportunities. Youth On Course members can play golf for \$5 or less! For more information or to register your child, please visit www.youthoncourse.org.

Mon-Fri Hours	Sat-Sun Hours	Fee
After 11 a.m.	After 12 p.m.	\$5 for 18 holes*
After 11 a.m.	After 12 p.m.	\$3 for 9 holes*

*Price available for active members only.

INSTRUCTIONAL SERIES

With Denise Fass, PGA

Fine-tune your swing, enhance your shot-making, learn golf strategy (and more!) with our instructional program series. Whether you're new to golf or looking for a competitive edge, Coach Denise offers a wide spectrum of instructional packages for golfers of all ages and abilities. Choose a private lesson series or grab some friends and start a group series!

Junior Series

2.5 Series (150 min.)
\$250

Adult Series

5 Series (300 min.)
\$450

Junior Groups

SERIES	GOLFERS	FEE
2.5 Series (150 min.)	1 - 3 Golfers	\$75/Golfer
2.5 Series (150 min.)	4 - 6 Golfers	\$65/Golfer

Adult Groups

SERIES	GOLFERS	FEE
5 Series (300 min.)	2 Golfers	\$275/Golfer
5 Series (300 min.)	3 Golfers	\$250/Golfer
5 Series (300 min.)	4 Golfers	\$225/Golfer

GOLF CLINICS



First Tee Junior Clinics

With Jack Rovane, PGA

As a proud member of the First Tee of Greater Sacramento, we offer Junior Golf Clinics to both novice and experienced young golfers. Instruction focuses on golf fundamentals, promotes positive self-esteem, sportsmanship and healthy habits. Golfers are introduced to the First Tee Nine Core Values, which represent some of the many inherently positive values connected to the game of golf. These are incorporated throughout the program and parents are encouraged to reinforce these behaviors outside the course. Our PGA Professional Instructor, Jack Rovane, and his staff are passionate about the game and excited to teach a new generation of golfers.

AGES	DAYS	DATES	TIME	FEE
6-18	Sat	Ongoing*	10 - 11 a.m.	\$15/player, per day

*Subject to weather conditions. During periods of wet weather, visit facebook.com/cordovagolcourse or call 916-362-1196 (option 1) one hour prior to class for updates on weather conditions and course closure.

For more information
Call 916-362-1196 or email cordovagc@crpd.com.

Mather SPORTS COMPLEX

3755 Schriever Avenue, Mather | 916-362-1704

Monday - Friday 12 - 9 p.m.

Saturday & Sunday 8 a.m. - 6 p.m.

MEMBERSHIPS

To qualify for a group membership rate, at least 10 people from a business/organization/complex/association/etc. must initially sign up at the same time to establish the group. Once established, all persons associated with the group qualify for the group rate. Must show proof of association with the group or military (i.e. ID badge/card, Military I.D., business card, pay stub, etc.).

Individual: \$26/month

Groups or Military: \$21/person per month

INDOOR AMENITIES

- Indoor High School Basketball Court with 2 Cross Courts
- Indoor Main Volleyball Court with 3 Cross Courts
 - 3 Racquetball Courts
- 2 Weight Rooms and 1 Cardio Room
 - Dance Studio
 - Lockers

OUTDOOR AMENITIES

- 3 Synthetic Turf Softball/Baseball Fields
- 2 Synthetic Turf Soccer/Multi-Use Fields
 - 1 Natural Turf Baseball Field
 - Skate Park
- Children's Playground
 - Pétanque Courts
 - Picnic Areas



RATES

Good all day for all indoor amenities

- \$6 drop-in
- \$3 Student drop-in. Student drop-in fee is for students 18 and younger. (Must show a valid school I.D. card)
- \$37/10-visit punch card (Expires one year after purchase date)
- \$3 Military (Must show valid military ID)

PLAZA SKATE PARK

Open sunrise to sunset for skateboards, bike riders, in-line skaters, roller skaters and scooters. Available to rent hourly, please contact the Mather Sports Center at 916-362-1704.

SPORTS & LEAGUES

League information may be picked-up at Mather Sports Center, or downloaded from www.teamsideline.com/cordova or seen on pages 13 and 22.



EVENTS & TOURNAMENTS

Mather Sports Complex is a regional sports destination with synthetic turf sports fields, a full-size basketball gym, cardio and weight rooms, racquetball courts, a dance studio and a natural turf baseball field available to rent.

Visit crpd.com/rentals for rental information.

PÉTANQUE (PAY-TONK) COURTS

Similar to bocce ball, pétanque is a form of boules, where the goal is to throw a hollow metal ball as close as possible to a small wooden ball called a cochonnet or jack. The local club, Club Francais De Sacramento, meets at the Mather Sports Complex every Thursday and Sunday at 1 p.m. (10 a.m. June through Sept.) – weather permitting – and invites new players to drop-in! Club Francais de Sacramento also hosts competitive and casual pétanque tournaments at least once a month, among other social events.

For more information, visit www.sacramentopetanque.com.

PARTY RENTALS

For pricing and availability, call the Hagan Community Center at 916-369-9844 or email rentals@crpd.com

WHITE ROCK SPLASH PARK PARTIES

Time Slots: 5:30 - 7:30 p.m.

Ages: All

Fee: Packages start at \$300

Dump bucket, water slides and canons, oh my! These water park features are sure to keep your party cool. Rental options include: Splash Park access only, Splash Park and Clubhouse or Splash Park and Pavilion. Host up to 70 people from Memorial Day to Labor Day.



PARTY AT THE HYDE OUT

Ages: Ideal for ages 11+

Fee: \$103/hour

The HYDE Out is the ideal spot for tweens and teens to celebrate any occasion! Our facility offers various gaming tables, gaming consoles and board games. Package includes one staff member to oversee equipment.

>> See following page for more information

PARTIES AT THE BARN

Ages: Ideal for ages 4+

Fee: Packages start at \$242

Enjoy interacting with our farm friends at your next event! Package includes an all-day reservation at a basic picnic area, an hour in the Hagan Community Barn for up to 15 children, animal meet and greet, a tour of the grounds and craft time with our Barn staff. Schedule your kiddo's next party at the Barn!



'POOL parties'

Time Slots: 9 a.m. - Noon & 5:30 - 8 p.m.

Ages: All

Have a splashin' good time during your private pool party! When it heats up, choose from the Cordova Community Pool or the Lincoln Village Community Pool to celebrate.

Cordova Community Pool

Fee: Packages start at \$165/hour

Features two swimming pools. The activity pool has splash features and a sloped entry with depths that vary from zero to 4 feet. The competition pool provides 8 deep lanes, 2 shallow lanes, a diving board and has depths that vary from 3.5 to 12 feet. The facility features picnic tables, an open grass area, bleachers and a shade canopy. Labor Day weekend is the final weekend.

Lincoln Village Community Pool

Fee: Packages start at \$83/hour

Features one swimming pool. The pool has a sloped entry, and depths ranging from zero to 5.5 feet. This facility is surrounded by open grass areas and a shade canopy. October 2 is the final weekend.



OUTDOOR PARTIES



Whether you're looking for a large open outdoor space, a sports field or beautiful picnic pavilion, CRPD has the perfect size location for your celebration.

>> See page 29 - 31 for more information about our event spaces

Facility RENTALS

AVAILABLE AMENITIES	Hagan Community Center 2197 Chase Drive		Neil Orchard Senior Activities Center 3480 Routier Road		White Rock Community Center 10488 White Rock Road
	Building 1: Main Room	Building 2: The HYDE Out	Multipurpose Room	Classroom	
Maximum Capacity ¹	150	30	150	30	60
Restrooms	✓	✓	✓	✓	✓
Tables/Chairs	✓	✓	✓	✓	✓
Alcohol Permitted ²	✓		✓		✓
AC/Heating	✓	✓	✓	✓	✓
Kitchen ³	Prep		Commercial		Serving
On-site Staff	✓	✓	✓	✓	
Park Adjacent	✓	✓	✓	✓	✓
Icemaker ⁴			✓		
Patio/Outside Area ³	✓		✓		
Projector Screen	✓		✓	✓	
Linen Rental			✓		
Parking	Lot	Lot	Lot/Street	Lot/Street	Lot/Street

1=Seated with Tables 2= Permit and Additional Fees Required 3= For an Additional Fee 4=Included with Kitchen Rentals

DEPOSITS

A \$200 cleaning and security deposit is required for the rental of all indoor CRPD facilities. If alcohol is being served, the cleaning and security fee is \$500. Deposit must be received in order to secure date(s). Building deposit will be refunded upon completion of the activity if the respective facility is returned to its original condition. Refund may take up to six (6) weeks for processing if paid by check or cash. Deposits made by credit card will take 2-3 business days to be refunded.

INSURANCE

All individuals, groups or organizations renting CRPD facilities will need to obtain a certificate of liability insurance in the minimum amount of \$1,000,000, naming the District as co-insured with an additional insured endorsement. Coverage can be obtained through the District's insurance carrier for an additional fee.



For more facility rental information, scan code.



Hagan COMMUNITY CENTER

This location is ideal for wedding receptions, reunions, dances, private parties and other group activities. The buildings are situated in a park setting surrounded by trees, ponds and footbridges which offer splendid scenery and recreational facilities. Picnic areas, tennis courts, playgrounds and ballfields are also nearby.

Email: rentals@crpd.com or call 916-369-9844

White Rock COMMUNITY CLUBHOUSE



This location is ideal for holding small business meetings or family gatherings. The Clubhouse is situated in a park setting with a small pavilion picnic area, tennis courts playgrounds and a popular children's splash park.

The White Rock Splash Park can be rented for an additional fee.

Email: rentals@crpd.com or call 916-369-9844

Neil Orchard SENIOR ACTIVITIES CENTER



This location is the perfect venue for your family or corporate event. Located next to the beautiful Lincoln Village Community Park. The Center can accommodate everything from an intimate family gathering to large community meetings, wedding receptions, reunions, dances, private parties and other group activities.

Call 916-366-3133



Picnic & Field RENTALS



Reservation requests now available online!
Visit crpd.com/rentals/rental-information for more info.

PAVILION/PICNIC RENTALS

Reservations available up to 1 year in advance

To reserve a picnic or pavilion area, call the Hagan Community Center at 916-369-9844, email rentals@crpd.com or reserve online. Daily use fees vary depending on the capacity and size of the picnic/pavilion area. Alcohol is only allowed in the reservable park spaces with a permit. Most parks and picnic areas are on a first-come, first-served basis.

CRPD recommends reserving the following pavilions and picnic areas in advance.

Reservable Pavilion/Picnic Areas Year Round

- Hagan Community Park: Picnic Areas and Pavilion
- Heron Landing Community Park: Pavilion
- Independence Community Park: 3 Small Pavilions
- Labrynth Community Park: Pavilion
- Lincoln Village Community Park: Picnic Area
- Rosemont Community Park: Pavilion
- Stone Creek Community Park: Pavilion and Amphitheater
- Sunridge Park: Pavilion
- The Village Green: Amphitheater
- White Rock Community Park: Pavilion



ATHLETIC FIELDS

CRPD has a number and variety of athletic facilities for sports practices and conditioning including baseball, softball and soccer. Prices vary. Please contact Mather Sports Center for details, rates and availability at 916-362-1704 or tpaceallen@crpd.com.

SPECIAL USE PERMITS *(includes commercial use)*

Groups of 150 or more and special events requiring exemptions must secure a Special Use Permit at least 60 days before an event. Additional information and permit applications are available on our resources webpage at www.crp.com, by calling the Hagan Community Center at 916-369-9844 or emailing rentals@crpd.com.



Park PLANNING

Get ready for new parks!

With new development in our District comes new parks! Below are a few upcoming parks that are in various stages of park planning and development. For updates, please scan the QR code or visit our website at <https://crpd.com/park-planning-development/construction-projects/>.

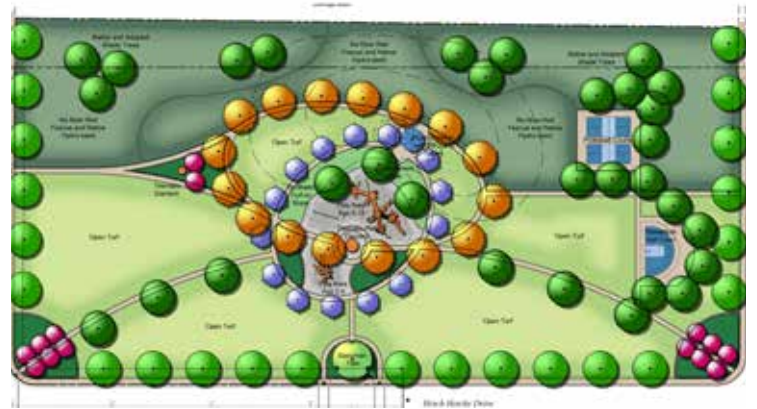


GOLD RUSH PARK

Gold Rush Park is located in the Rio del Oro Development south of White Rock Road. This neighborhood park is centered around a mining theme and includes multiple picnic areas, a gold rush-themed playground, multi-use turf areas, and drought tolerant plantings.

EXPLORATION PARK

This park will be located in the Sunridge Village development south of Douglas Road. The future neighborhood park includes: a 2-5 age play area, a 5-12 age play area, picnic areas, and multi-use turf. The play area in the center will have artistic, space-themed equipment and climbing structures.



HUMMINGBIRD PARK

Hummingbird Park is located within the Montelena Development south of Douglas Road. This nature-themed neighborhood park includes a half basketball court, picnic and play areas, and an oval turf gathering space for recreation.

FACILITY & PARK Directory

Parks and Facilities listed here are located in Rancho Cordova unless otherwise noted. Play structures are present at all parks except Salmon Falls and The Village Green.

PARK & FACILITIES AMENITIES

■ Parks ■ Facilities

	Baseball/Softball Fields	Basketball Courts	Horseshoe Pits	Multi-Use/Soccer Fields	Pavilion	Picnics	Rental Available	Restroom	Amphitheater	Bocce Ball/Pétanque	Spray/Splash Park	Swimming Pool	Tennis Courts	Pickleball Lines	Skate Ramp/Park
Ahlstrom Park 2425 Zinfandel Drive							F								
Argonaut Park 11825 Herodian Drive		Half					F								
Cobblestone Park 10900 Barden Drive															
Countryside Park 3240 Glenmoor Drive, Sac															
Cypress Grove 4047 Cypress Grove Avenue															
Dave Roberts Park 10805 Mapola Way							F								
Eagle's Nest Park 11810 Chrysanthy Blvd															
Federspiel Park 2549 Chassella Way							F								
Gold River Park 11513 Gold Country Blvd., Gold River							F								
Gold Station Park 2360 New Eureka Way, Gold River							F								
Hagan Community Park, Dog Park & Barn 2197 Chase Drive							F/P/V								
Henley Park 9343 Henley Way, Sac															
Heron Landing Community Park 11750 Justinian Drive		Half					F/P/V								
Hillside Park 3566 Rockdale Drive															
Independence Community Park 10949 Britton Way, Mather							F								
Kavala Ranch Park 5100 Azalea Park Drive		Half					F								
Labyrinth Community Park 12770 Glass Beach Drive							F/P/V								
Larchmont / Rossmoor Park 10708 Ambassador Drive							F								
Larchmont Community Park 2449 Stansberry Way, Sac							F								
Lincoln Village Community Park 3480 Routier Road, Sac							F/P								
Manlove Park 9118 Caldera Way, Sac															
Primrose Park 9122 Rose Parade Way, Sac															
Prospect Hill Park 11840 Prospect Hill Drive							F								
Pyramid Peak Park 4053 Red Blush Way															
Renaissance Park 3125 Mowbray Way		Half													
Riviera East Park 9580 Mira Del Rio Drive															
Rosemont Community Park 9326 Americana Drive, Sac							F/P/V								
Rosemont North Park 3224 Huntsman Drive, Sac															
Rosswood Park 9460 Achates Circle, Sac															
Salmon Falls Park 8964 Salmon Falls Drive, Sac															
Sandpiper Park 11830 Applolon Drive							F								
Sonoma Park 10750 Agria Court							F								
Sparrow Park 11938 Montron Way															
Stone Creek Community Park 3625 Spoto Drive							F/P/A/V								
Sunridge Park 4041 Borderlands Drive		Half					F								
Sunriver Park 11120 Moose River Court							F								
Taylor Park 2238 West La Loma Drive															
The Village Green 3141 Bridgeway Drive							A								
Tuscany Park 3460 Corvina Drive							F								
Veteran's Park 4530 Excelsior Road, Mather							F								
Waterbrook Park 10849 Water Brook Drive															
White Rock Community Park 10488 White Rock Road							P/V								
Cordova Golf Course 9425 Jackson Road							T								
CRPD District Office 2729 Prospect Park Drive, Suite 230															
Hagan Community Center & The HYDE Out 2197 Chase Drive							R								
Mather Sports Complex 3755 Schriever Avenue							T/F/R								
Neil Orchard Senior Activities Center 3480 Routier Road							R								
White Rock Community Clubhouse 10488 White Rock Road							R								

Rentals F=Field P=Picnic Area R=Room A=Amphitheater V=Pavilion T=Tournament	Baseball/Softball Fields	Multi-Use/Soccer Fields	Restroom	Spray/Splash Park	Tennis Courts
Basketball Courts	Pavilion (available to rent)	Amphitheater	Swimming Pool	Skate Ramp/Park	
Horseshoe Pits	Picnic Area	Bocce Ball/Pétanque Courts	Pickleball Lines		



REGISTRATION *and* REFUND INFORMATION

HOW TO REGISTER



Online Registration

Visit www.crpdp.com

*Major credit card payments only

Have Questions?

Visit crpd.com/register for step-by-step guide to registering online



In-person Registration

Hagan Community Center • 2197 Chase Drive
Monday-Friday • 8 a.m.-5 p.m.

Neil Orchard Senior Activities Center • 3480 Routier Rd
Monday-Friday • 7:30 a.m.-4 p.m. (Friday closes at 3:30 p.m.)

Mather Sports Complex • 3755 Schriever Ave
Monday-Friday • 8 a.m.-10 p.m.
Saturday & Sunday • 8 a.m.-6 p.m.
*Major credit cards, cash or check



Phone Registration

Call 916-369-9844, 916-366-3133 or 916-362-1704

*Major credit card payments only

PRE-REGISTRATION IS REQUIRED

Register early! Pre-registration helps us track the number of participants in a class. If the minimum number of students is not met, there is the chance a program will be canceled.

GIFT CERTIFICATES

Give the gift of health and well-being! CRPD gift certificates can be purchased for any amount and redeemed for any program, class or service.

Two easy ways to purchase:

- ▶ In-person at any of our community centers
- ▶ By phone at 916-369-9844

REFUND PROCEDURE

- Cordova Recreation & Park District (CRPD) reserves the right to cancel, combine or divide classes, change time, date or place of classes, change instructor or make other changes necessary.
- Those who fail to attend a class or “no show” will not be granted a refund. Refunds are only eligible if cancellation is received a minimum of 48 hours prior to the first class, unless otherwise noted.
- If CRPD cancels a class due to low enrollment, a full refund is issued.
- Refunds for cash and check payments will take 4-6 weeks to process.
- Refunds for credit card payments will take 2-3 business days to process.

WANT TO BECOME A SPONSOR?

CRPD is focused on community, health and connectivity. What better way to build brand awareness and meaningful relationships with local families than by supporting CRPD's well-attended annual events and programs?

Sponsorships help to ensure the success of these events and bring recognition to your company.

If your company or organization would like more information about our sponsorship program, please contact communications@crpd.com or call 916-842-3318.

CORDOVA RECREATION *and* PARKS FOUNDATION



Enriching the lives and communities of our residents through charitable gifts in support of recreation and park programs of the Cordova Recreation & Park District.

Support Cordova Recreation & Parks Foundation

through AmazonSmile at <https://amzn.to/2xCab60w>.
You shop, Amazon Gives.



Looking for Board Members!

Learn more and apply at crpdfoundation.com

CRPF FEE ASSISTANCE PROGRAM

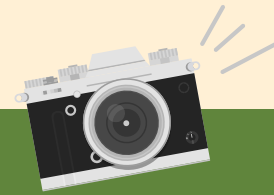
We believe everyone should be able to benefit from our programs. Our Fee Assistance Program is here to help you get involved. Fee assistance is available to all who meet the following criteria:

- Resident of Cordova Recreation & Park District
- Can demonstrate a financial need that prevents the individual from participation in CRPD programs
- Complete and return an application form at least 10 days prior to start of program. Forms are available at the CRPD District Office, at all locations and online

Fee assistance is available to those who qualify as long as funds are available. Call **916-369-9844** or visit the Forms page at crpd.com for an application.

Want to help us assist those in need? Donations can be made online or at any CRPD location.

Learn more at <https://crpdfoundation.com>



COMMUNITY SPOTLIGHT PHOTO CONTEST

We called and you delivered! Due to an overwhelming community support, we are excited to announce our second photography contest! This next photography contest is all about capturing your take on multigeneration as it relates to parks, recreation and/or golf!

We want you to capture the wonders and uniqueness of multiple generations within Sacramento County* through your camera lens. This could be of people of various ages playing at any of the 43 parks, playing golf, engaging in the many arts and sports programs offered by Cordova Recreation & Park District.

Learn more and submit your photos at <https://bit.ly/304LiDY> or by scanning the QR Code.



WINNER SHOUTOUT!

We are excited to announce that Kristy Hartmann is the winner of the Community Spotlight Photo Contest! The winning photo is on the cover of this Recreation Guide.

"My son has been playing soccer through the Rancho Cordova Soccer Club for the past few years, and he has learned so much about teamwork and good sportsmanship by being on a team. After each game, the parents come together to make a "cheer tunnel", and no matter how tired the kids were during the game, or how many boo-boos and tears occurred on the field, the kids immediately became happy and felt proud of themselves whenever they ran through the cheer tunnel." - Kristy Hartmann

*Includes the City of Rancho Cordova and the communities of Gold River, Larchmont, Mather, Riviera East and Rosemont East and additional incorporated communities within Sacramento County.



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**THIS RECREATION GUIDE IS BROUGHT TO YOU THROUGH SUPPORT
OF THE CORDOVA RECREATION & PARKS FOUNDATION**

◀◀ See page 35 for more information on CRPF and our Fee Assistance Program