

Winter PLAYLAND


Cordova
Recreation & Park District



Get back to the game with our sports leagues! See page 11 & 15

For more information, visit our website at www.crpdc.com, email customerservice@crpd.com or call 916-369-9844.

WINTER 2021

EXCLUSIVELY ONLINE!

Message FROM GENERAL MANAGER



Cordova Recreation & Park District (CRPD) is committed to providing extraordinary customer service. We are proud to serve the District residents including Gold River, Larchmont, Mather, Rancho Cordova, Riviera East and Rosemont since 1958.

This comprehensive Recreation Guide is one way that helps us serve you better. You will find a diverse range of sport and leisure activities, children's enrichment programs, special events and a park guide to locate CRPD parks and facilities to serve your recreation needs. These recreational opportunities enhance the quality of life for our community.

This time of year is perfect to join team sports like Jr. Kings Basketball or Youth Street Hockey. You can also take a leisure class like Restorative Yoga to stay healthy while meeting new people with similar interests. We are always looking for new opportunities and unique, fun programs to offer our residents of all ages. If you have an idea about an activity you would like us to offer, please feel free to reach out and share your thoughts with our recreation staff or by emailing us at customerservice@crpd.com.

The holidays are right around the corner so now is the time to sign up for the many holiday classes and events. We are offering swim season passes for both the new Cordova Community Pool and Lincoln Village Community Pool that would make a great holiday gift.

We are proud to offer you recreation programs, parks and events all listed in this Recreation Guide. It is an honor to serve our community with these recreation opportunities and award winning parks. Thank you for your support and participation!

Patrick Larkin
General Manager



The Cordova Recreation & Parks Foundation is an independent, non-profit legally tax-exempt entity comprised of a team of volunteer Board of Directors with a strong interest in protecting and preserving the Cordova Recreation & Park District facilities and programs.

Learn more at <https://crpdfoundation.com>
Support Cordova Recreation & Parks Foundation through AmazonSmile at <https://amzn.to/2xCab60w>.
You shop, Amazon Gives.

Looking for Board Members!
Learn more and apply at crpd.com/about/crpf/

Contact US

Hagan Community Center
2197 Chase Drive | 916-369-9844

Park Services
2197 Chase Drive | 916-363-0350

Neil Orchard Senior Activities Center
3480 Routier Road | 916-366-3133

Mather Sports Complex
3755 Schriever Avenue | 916-362-1704

District Administrative Office
2729 Prospect Park Drive, Suite 230 | 916-842-3300

Cordova Golf Course
9425 Jackson Road | 916-362-1196

Email
customerservice@crpd.com

CRPD BOARD OF DIRECTORS

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Let's Get SOCIAL

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www.crpdpd.com



Hoppin' & Huntin'

Community SPECIAL EVENTS

Breakfast
with Santa
& Holiday Craft Fair



**Saturday,
December 4
9 - 10 a.m.**
Neil Orchard Senior
Activities Center

2 Seating Times: 9 a.m. & 10 a.m.
Activity Number: 17844
Fee: \$5 per person 2yrs+
Includes photo with Santa,
Breakfast and Kid's Craft Corner



**POLAR BEAR
PLUNGE**
& DONUT BREAKFAST
Cordova Community Pool

Saturday, January 8 • 9 - 11 a.m.

Make a Splash! This annual fundraiser will help support local youth participate in CRPD recreational activities. Fun activities both in and out of the water.

Brought to you by:  **CRPF** | CORDOVA RECREATION & PARKS FOUNDATION



Saturday, April 9 • 8:30 - 11:30 a.m.
HAGAN COMMUNITY PARK
2197 CHASE DRIVE



**Meet the
MACHINES**

Saturday, May 14 • 10 a.m. - 1 p.m.
HAGAN COMMUNITY PARK

For more information and to register, visit crpd.com/recreation/special-events.



Aquatics



PUBLIC SWIM

All pools are closed for the season.
Check back in the spring 2022!

Swim Lessons

Registration opens March 7, 2022
Spring lessons begin May 2022
Summer lessons begin June 2022

2022 Season Passes AVAILABLE NOW!

Season Passes are valid at both Cordova Community Pool and Lincoln Village Community Pool for all Public Swim time throughout the entire 2022 season.

Individual (ages 1+) \$65
Family* \$180
Additional family member \$45

**up to 4 people, all living in the same household*



HIRING FOR 2022 STARTS IN JANUARY!

CRPD will be hiring lifeguards, swim instructors, cashiers, camp leaders and splash park attendants for the summer!

For more information, visit our website at
<https://crpd.com/about/employment-opportunities/>

Lifeguard Training with AED/O2/Title 22 First Aid

Ages: 15+

This American Red Cross course is a combination of Lifeguard Training, CPR for the Professional Rescuer, Administering Emergency Oxygen and First Aid for Public Safety Personnel (Title 22). This complete course provides all certifications necessary to obtain employment as a lifeguard in the State of California.

Prerequisites: The required swimming skills include 300 yards continuously swimming (12 laps), tread water for 2 minutes without hands and perform a 20-yard swim and 10 lb. brick retrieval in 7 feet of water. Must be 15 years old by the last day of class.

*This class requires 7 hours of online course work before the first day of class. One week before the class you will be emailed the pre-course login information.

Location: Hagan Community Center and Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4311	Fri-Sun*	Mar. 26-27 & Apr. 1-3	8 a.m.-6 p.m.	\$230/person
4312	Mon-Thurs	Apr. 11-14	8 a.m.-6 p.m.	\$230/person

*Fridays: 4:30-7:30 p.m.

NEW!

Water Safety Instructor (WSI)

Ages: 16+

This course is designed to train participants to teach infant, child, and adult courses from the American Red Cross Swimming and Water Safety program. The WSI course develops an understanding of how to create lesson plans, conduct training sessions, and evaluate participants progress. Upon successful completion of the course, participants will receive American Red Cross Water Safety Instructor certification.

Prerequisites: The required swimming skills include proficiency at Elementary Backstroke (Back Crawl), Breaststroke, Butterfly, Freestyle, Side Stroke. Participants must also be able to back float for 1 minute and tread water for 1 minute. Must be 16 years old by the last day of class.

*Registration deadline: April 1. Two weeks before the class you will be emailed the pre-course login information.

Location: Hagan Community Center and Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4330	Sun-Tues	Apr. 10-12*	9 a.m.-6 p.m.	\$220/person

Swim TEAMS

The 2022 aquatics season is subject to local and state guidelines. COVID-19 modifications and precautions will be implemented in all programs. Registration begins February 4.

Swim Team Open House Fridays

Thinking about joining a swim team? Come visit the Cordova Community Pool to meet the coaches and take the swim test. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

Cordova Blue Marlins

ACTIVITY	DAYS	DATES	TIME	FEE
4720	Fri	Mar. 18 & Apr. 1	6-7 p.m.	Free

Cordova Cordettes

ACTIVITY	DAYS	DATES	TIME	FEE
4820	Fri	Mar. 18 & Apr. 1	6-7 p.m.	Free



Cordova Blue Marlins

Join us for a summer of competitive swimming. The Blue Marlins are a summer recreational swim team that competes against other Sacramento area teams. Practice times vary. Specific information is in the team handbook found at www.cordovablumarlins.com. Swim meets are Saturdays in June and July. The teams are open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18). *Space is limited.*

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4726	Mon-Fri	May 2-July 24	Varies	\$255*

*Multiple child discount available

Swim Conditioning Clinics

With Cordova Blue Marlins

Warm up your muscles and get a head start on training for the summer season. *Space is limited.*

Location: Cordova Community Pool

Ages: 10 & Under

ACTIVITY	DAYS	DATES	TIME	FEE
4721	Mon & Wed	Mar. 14-Apr. 27*	5:30-6:15 p.m.	\$79
4722	Tues & Thurs	Mar. 15-Apr. 28*	5:30-6:15 p.m.	\$79

Ages: 11-18

ACTIVITY	DAYS	DATES	TIME	FEE
4723	Mon & Wed	Mar. 14-Apr. 27*	6:15-7 p.m.	\$79
4724	Tues & Thurs	Mar. 15-Apr. 28*	6:15-7 p.m.	\$79

*No clinics week of April 11

Cordova Cordettes

Join our recreational synchronized swim team! Coaches will teach swimmers the sport that combines dance, gymnastics and endurance in the water. Swim meet dates vary in June and July. The team is open to beginners through experienced swimmers between the ages of 5 and 18. Swimmers must be comfortable in deep water and able to swim without assistance: 25 yards (ages 10 & under) or 50 yards (ages 11-18).

Location: Cordova Community Pool

ACTIVITY	DAYS	DATES	TIME	FEE
4816	Mon-Sun	Apr. 25-July 17	Varies	\$255*

*Multiple child discount available

Synchro Conditioning Clinics

With Cordova Cordettes

Learn skills before the season starts or as a returning swimmer, refresh and review skills. Conditioning, basic skills, figures and routine elements will be covered. *Space is limited.*

All Ages

ACTIVITY	DAYS	DATES	TIME	FEE
4821	Mon & Wed	Mar. 14-Apr. 20*	5:30-6:15 p.m.	\$69
4822	Mon & Wed	Mar. 14-Apr. 20*	6:15-7 p.m.	\$69
4823	Tues & Thurs	Mar. 15-Apr. 21*	5:30-6:15 p.m.	\$69
4824	Tues & Thurs	Mar. 15-Apr. 21*	6:15-7 p.m.	\$69

*No clinics week of April 11

Aquatics Rentals

2022 Reservations Available Starting Monday, Jan. 10

Stay cool this summer and beat the heat by hosting your next event at one of CRPD's aquatic facilities. Rentals are available at the Cordova Community Pool, Lincoln Village Community Pool and the White Rock Splash Park. Rentals at either pool include certified and trained lifeguards. Rentals at the White Rock Splash Park include two staff to monitor slide usage.

LOCATION	POOL	TIME BLOCK
Cordova Community Pool	Activity	10 a.m.-Noon or 5:30-7:30 p.m.
Cordova Community Pool	Comp	10 a.m.-Noon or 5:30-7:30 p.m.
Lincoln Village Community Pool	Full Facility	10 a.m.-Noon or 5:30-7:30 p.m.
White Rock Splash Park	Splash Park Only*	5:30-7:30 p.m.

*The Clubhouse or Pavilion can be added for an additional fee

Email rentals@crpd.com
or call 916-369-9844 for more information.



Youth PROGRAMS

KIDS IN THE KITCHEN

With CRPD Staff

Ages: 8-14

Location: Neil Orchard Senior Activities Center

Safety guidelines: Tie up long hair. No open toed shoes.

Class note: Due to nut allergies, no nuts are used in any recipes.

Gingerbread House

Build and decorate a gingerbread house with colorful frosting and fun decorations.

ACTIVITY	DAYS	DATES	TIME	FEE
3931.1210	Fri	Dec. 10	5-7 p.m.	\$20

Egg Rolls

Celebrate Chinese New Year w/ easy egg rolls from scratch. Full of traditional flavors.

ACTIVITY	DAYS	DATES	TIME	FEE
3931.0114	Fri	Jan. 14	5-7 p.m.	\$20

Coconut Macaroons & Smore Bites

Start the New Year with some easy sweet treats.

ACTIVITY	DAYS	DATES	TIME	FEE
3931.0128	Fri	Jan. 28	5-7 p.m.	\$20

Valentine Cupcakes

Spread the love with cupcakes. Bake and decorate cupcakes with added love.

ACTIVITY	DAYS	DATES	TIME	FEE
3931.0211	Fri	Feb. 11	5-7 p.m.	\$20

Antipasto Salad

Practice knife skills and wake your taste pallet with this Italian pasta salad.

ACTIVITY	DAYS	DATES	TIME	FEE
3931.0228	Fri	Feb. 28	5-7 p.m.	\$20

Strawberry Shortcake

Fresh strawberry preserves and biscuits from scratch with homemade whipped cream.

ACTIVITY	DAYS	DATES	TIME	FEE
3931.0318	Fri	Mar. 18	5-7 p.m.	\$20



Cordova

STEAM PRESCHOOL

Still enrolling for the 21-22 school year!

Our new preschool program is full STEAM ahead! STEAM includes the subjects of science, technology, engineering, art and math. Our program prepares your little learners with hands on activities that encourage collaboration, critical thinking and creativity. Contact 916-369-9844 or email sromer@crpd.com for more information or to register.

REQUIREMENTS:

- Birth certificate and immunization record for new students
- Children must be at least 3 and potty trained by the first day of school

Location: Hagan Community Center – Building #3

CLASS	DAYS	DATES	TIME	FEE
Mega	Mon, Wed, Fri	Sept. 8-May 13	8:30-11:30 a.m.	\$2,400/yr*
Micro	Tues & Thurs	Sept. 7-May 13	8:30-11:30 a.m.	\$1,650/yr*

*Plus \$50 registration fee



DANCE

Baby Ballet

With Turns n Tumble

Ages: 18 mo-3 (Grown-up participation required)

Ballet is the foundation for many dances, so why not get an early start? Baby ballet trains your little one in the fundamentals through well-known nursery rhymes!

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3121	Wed	Ongoing	3:45-4:15 p.m.	\$44/month*

*Nov./Dec. class is 6 weeks for \$66. Recital in December has an additional \$5 fee due to instructor. Feb. fee is \$33.

Pre-Ballet

With Turns n Tumble

Ages: 3-5

In Pre-Ballet, your blooming dancer will learn ballet fundamentals in a fun and rewarding atmosphere! Attire: black leotard, pink or flesh-tone footless tights, pink or flesh-tone leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet shoes or bare feet. No tutus or skirts allowed.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3122	Wed	Ongoing	4:15-5 p.m.	\$44/month*

*Nov./Dec. class is 6 weeks for \$66. Recital in December has an additional \$5 fee due to instructor. Feb. fee is \$33.



Gymnastics

With Turns n Tumble

Ages: 3-14

Does your child “tumble” around the house? Join this class to learn the proper form for cartwheels, somersaults, handstands and more. Your aspiring gymnast will develop balance and muscle strength, while benefiting from individualized instruction in this program. Attire: Comfortable clothing.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
AGES 3-5				
3111	Tues	Ongoing	4:30-5:15 p.m.	\$44/month*
AGES 5-14				
3112	Tues	Ongoing	3:45-4:30 p.m.	\$44/month*
AGES 7-14				
3113	Tues	Ongoing	5:15-6 p.m.	\$44/month*

*Nov./Dec. class is 6 weeks for \$66. Feb. fee is \$33.

Ballet 1

With Turns n Tumble

Ages: 6-14

Dancers will learn turns, leaps and jumps as they develop personal artistry, while enhancing their physical coordination. Attire: black leotard, pink or flesh-tone footless tights, flesh-tone leather ballet slippers or bare feet, and/or white shirt, black shorts and black leather ballet shoes or bare feet. No tutus or skirts allowed.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
3123	Wed	Ongoing	5-5:45 p.m.	\$44/month*

*Nov./Dec. class is 6 weeks for \$66. Recital in December has an additional \$5 fee due to instructor. Feb. fee is \$33.

Zumbini®

With Stephanie

Ages: 2 months-4 (Grown-up participation required)

Created by Zumba® and BabyFirst, the Zumbini® parent and child program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning and fun!

Location: Hagan Community Center – Outdoor Patio

ACTIVITY	DAYS	DATES	TIME	FEE
3141	Thurs	Ongoing	10-10:45 a.m.	\$35/month

Pee Wee Sports

With CRPD Staff

Ages: 3-6

Fee: \$55

Designed specifically for first timers, these child-friendly, 5-week sessions focus on sports fundamentals, general game knowledge and prepare children for organized team sports. Each session meets one day per week. If you are interested in multiple days, register for multiple sessions. Be sure to sign up early to secure your spot!

Location: Mather Sports Complex

ACTIVITY	SPORT	DAYS	DATES	TIME
9004	Hockey	Wed	Nov. 10-Dec. 8	5:15-6 p.m.
9001	Ninjas	Wed	Nov. 10-Dec. 8	6:15-7 p.m.
3700	Basketball	Wed	Jan. 5-Feb. 2	5:15-6 p.m. & 6:15-7 p.m.
3700	Ninjas	Wed	Feb. 9-Mar. 9	5:15-6 p.m. & 6:15-7 p.m.
3700	Soccer	Wed	Mar. 16-Apr. 13	5:15-6 p.m. & 6:15-7 p.m.
3700	Tee Ball/Softball	Wed	Apr. 20-May 18	5:15-6 p.m. & 6:15-7 p.m.

My First Tennis Lesson

With CRPD Staff

Ages: 4-6

Kids will participate in fun activities while learning the fundamentals of tennis in a safe and supportive environment. With this program the use of “right-sized” equipment (regarding weight, length, speed and size) allows young players to learn and play more effectively. Some grown-up participation.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3300	Sat	Mar. 12-Apr. 23*	9:30-10:30 a.m.	\$55
3300	Sat	May 7-Jun. 18*	9:30-10:30 a.m.	\$55

*No class 4/16 and 5/28



**FOR HAGAN COMMUNITY BARN PROGRAMS
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Camp PROGRAMS



5% off when registering multiple children in the same household! Discount applies to Camp Cordova camps only

Camp Cordova

Fall Break

With CRPD Staff
Ages: 5-14

Carve out some good times with our pumpkin themed camp. Join us for three action packed days of crafts, sports, cooking and games. This camp will be your campers pick of the patch this break! This is a 3-day camp.

Location: Hagan Community Center

ACTIVITY	WEEK	DAYS	DATES	TIME	FEE
513.1	1	Mon-Wed	Nov. 22-24	8 a.m.-5 p.m.	\$90/session

Camp Cordova

Spring Break

With CRPD Staff
Ages: 5-14

Have your campers spring into action during break! Campers will enjoy a fun week filled with games and crafts as well as nature activities, science and cooking projects! This is a 5-day camp.

Location: Hagan Community Center

ACTIVITY	WEEK	DAYS	DATES	TIME	FEE
515.1	1	Mon-Fri	Apr. 11-15	8 a.m.-5 p.m.	\$155/session

Reg.
Opens
Jan. 10

Camp Cordova

Winter Break

With CRPD Staff
Ages: 5-14

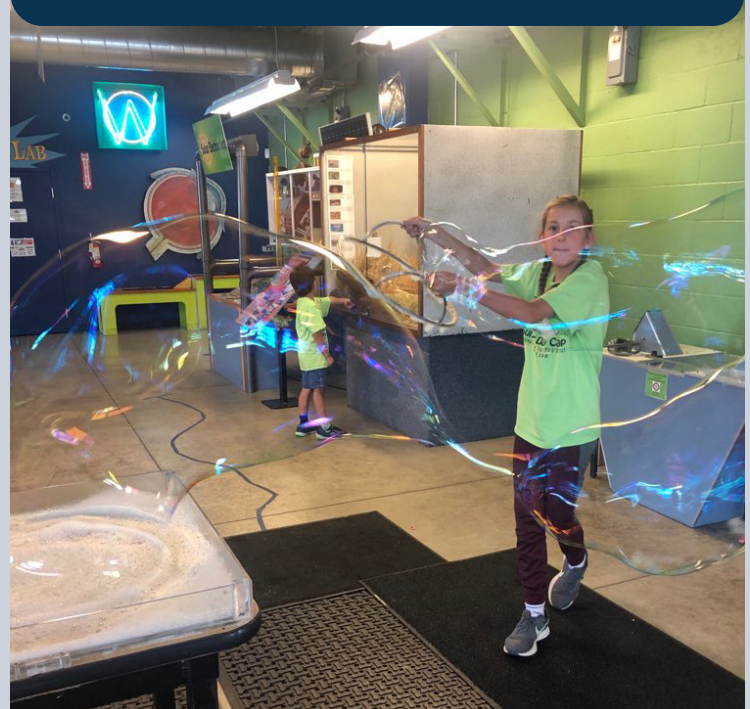
School is out for the holidays and this camp is a great way for your child to keep busy! Our enthusiastic and experienced staff will lead activities such as arts & crafts, sports, cooking projects, games and most importantly a lot of FUN! These are both 4-day camps.

Location: Hagan Community Center

ACTIVITY	WEEK	DAYS	DATES	TIME	FEE
514.1	1	Mon-Thurs	Dec. 20-23	8 a.m.-5 p.m.	\$120/session
514.2	2	Mon-Thurs	Dec. 27-30	8 a.m.-5 p.m.	\$120/session



Summer Camp Registration Begins Monday, March 7





SPORTS *Camps*



The National Academy of Athletics youth sports programs are designed to be tons of fun, teach teamwork, leadership, responsibility and sportsmanship.



Thanksgiving Break Basketball Handling & Shooting Camp

Ages: 7-13

This 3-day coed basketball camp is designed to make kids more confident with the basketball. Ball handling drills, shooting fundamentals, passing, team concepts will be combined with games and small side competitions.

Location: Mather Sports Complex – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
4003	Mon-Wed	Nov. 22-24	9 a.m.-12 p.m.	\$109
4002	Mon-Wed	Nov. 22-24	9 a.m.-3 p.m.	\$159

Winter Holiday Break Basketball Camp

Ages: 7-13

This 4-day coed basketball camp is designed to help kids have tons of fun while developing their individual and team basketball skills. Each day will feature skills, drills and small side competitions focusing on ball handling, shooting fundamentals, defense, passing, team concepts and many other skills. Includes t-shirt.

Location: Mather Sports Complex – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
4006	Mon-Thurs	Dec. 20-23	9 a.m.-12 p.m.	\$134
4005	Mon-Thurs	Dec. 20-23	9 a.m.-3 p.m.	\$174

New Year's Break Basketball Camp

Ages: 7-13

This 4-day coed basketball camp is designed to help kids have tons of fun while developing their individual and team basketball skills. Each day will feature skills, drills and small side competitions focusing on ball handling, shooting fundamentals, defense, passing, team concepts and many other skills. Includes t-shirt.

Location: Mather Sports Complex – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
4009	Mon-Thurs	Dec. 27-30	9 a.m.-12 p.m.	\$134
4008	Mon-Thurs	Dec. 27-30	9 a.m.-3 p.m.	\$174

Martin Luther King Day Basketball Game Day

Ages: 7-13

Basketball game day is every kid's favorite. This 1-day coed camp is perfect for a fun day of basketball. It is play, play, play all day long! Games include One on One, Three on Three, three-point contest, Around the World, Pepsi Hotspot and more.

Location: Mather Sports Complex – Gym

ACTIVITY	DAYS	DATES	TIME	FEE
4010	Mon	Jan. 17	9 a.m.-3 p.m.	\$49



**FOR YOUTH SPORTS LEAGUES
PAGE 11**



Youth SPORTS

My First Tennis Lesson

With CRPD Staff

Ages: 4-6

Kid's will participate in fun activities while learning the fundamentals of tennis in a safe and supportive environment. With this program the use of "right-sized" equipment (regarding weight, length, speed, and size) allows young players to learn and play more effectively. Some grown-up participation.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3300	Sat	Mar. 12-Apr. 23*	9:30-10:30 a.m.	\$55
3300	Sat	May 7-June 18*	9:30-10:30 a.m.	\$55

*No class 4/16 and 5/28

Learn to Play: Tennis

With CRPD Staff

Ages: 7-12

Grant Funded by the Sacramento Junior Tennis Fund

Has your child ever wanted to try tennis, but has not had the opportunity due to financial restraints, unfamiliarity with the sport or any other reason? Then this is the perfect program for your child! This program provides students with the opportunity to try tennis in a safe, enriching and supportive environment. This opportunity to play is grant funded by the Sacramento Junior Tennis Fund. Only a small commitment fee is required. Students will be provided with their very own tennis racquet.

Location: Heron Landing Community Park – Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3301	Sat	Mar. 12-Apr. 23*	10:45-11:45 a.m.	\$12
3301	Tues	May 7-June 18*	5:30-6:30 p.m.	\$12

*No class 4/16 and 5/28

Kingdom Taekwondo

With Master E.J. Harris

Ages: 3+

Enroll today and learn Taekwondo with the Kingdom Martial Arts. Our award winning, life-changing, confidence-building program is perfect for all ages. In our program students learn self-defense skills, improve discipline and have a lot of fun! Hope we see you in class soon!

Location: Mather Sports Complex – Dance Room

ACTIVITY	LEVEL	AGES	DAYS	DATES	TIME	FEE
3708	Beg./All Belts	6+	Mon & Wed	Ongoing	5-6 p.m.	\$80
3709	Beg./All Belts	6+	Tues & Thurs	Ongoing	5-6 p.m.	\$80
3710	Little Dragons	3-5	Tues & Thurs	Ongoing	4:15-4:45 p.m.	\$80

NEW CLASSES!

Kingdom Basketball

With Master E.J. Harris

Ages: 7-12

Join Coach Harris (former college basketball player) for his skill building monthly instructional basketball classes. Classes will focus on critical fundamental skills of the game and have your players walking away ready for the upcoming Jr. Kings basketball season. Get in the game today with Coach Harris!

Location: Mather Sports Complex - Gym

ACTIVITY	DAYS	DATES	TIME	FEE
3701	Mon & Wed	Jan. 10-31	4-4:45 p.m.	\$80/month
3701	Mon & Wed	Feb. 7-28	4-4:45 p.m.	\$80/month

Futsal Factory Indoor Soccer

With Fustal

Ages: 3-13

Fee: \$65/session

CRPD is partnering with Futsal Factory to offer indoor soccer clinics. Futsal is recognized around the world as the #1 way for players to become more skillful. Futsal players perform better under pressure and can make in-the-game decisions quicker than competitors without formal futsal training. Our training programs use dynamics, fast-paced activities to help players dramatically improve individual skills.

Location: Mather Sports Complex - Gym

ACTIVITY	DAYS	CLASS TITLE	TIME	AGES
3703	Sat	Kinder Kickers	1-1:45 p.m.	3-5
3704	Sat	Juniors	1:50-2:35 p.m.	6-7
3705	Sat	Cadets	2:45-3:35 p.m.	8-10
3706	Sat	Sr. Cadets	3:40-4:30 p.m.	11-13

SESSION SCHEDULE

Session 1: Nov 13-Dec 4

Session 2: Dec 11-Jan 22

Session 3: Jan 29-Feb 19

Junior Tennis

With Coach Garth

Ages: 6-14

Play tennis and have fun with level 1 PTR (Professional Tennis Registry) certified Coach Garth! This program is for players who are new to tennis or who have intermediate skills. If you participated in My First Tennis Lesson or Learn to Play Tennis this is a great class to transition into. Tuesday classes are one-hour skill-based lessons. Saturday classes are one-hour skill based and 1-hour match play.

Location: Heron Landing Community Park - Tennis Courts

ACTIVITY	DAYS	DATES	TIME	FEE
3302	Tues	Mar. 8-Apr. 19	5:30-6:30 p.m.	\$55
3303	Sat	Mar. 12-Apr. 23	10:45-11:45 a.m.	\$75



Youth SPORTS LEAGUES

Visit www.teamsideline.com/cordova for detailed league information



Youth Street Hockey

Ages: 5-14
 Fee: \$100 (\$115 after registration deadline)

Score! Youth Street Hockey is back. Learn the fundamentals of street hockey, good sportsmanship and teamwork during this seven-game league. Each team requires an adult volunteer coach. Interested in coaching, please contact us at 916-307-6867.

Location: Mather Sports Complex – Street Hockey Rink

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES
7301	Jan. 9	Feb. 5-Mar. 19	Sat	8 a.m.-3 p.m.

Skills Clinic Day January 22 • 9-11 a.m.



Jr. Kings Youth Basketball League

Ages: 5-10
 Fee: \$90 (\$105 after registration deadline)

Get ready for the return of youth basketball at the Mather Sports Complex. In partnership with the Sacramento Kings, players will experience a player's clinic, weekly practices and a six-game league. Each team requires an adult volunteer coach. Interested in coaching, please contact us at 916-307-6867.

Location: Mather Sports Complex – Gym

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES
7201	Feb. 20	Mar. 26-May 17	Sat	8 a.m.-3 p.m.

Skills Clinic Day March 11 • 5:30-7:30 p.m.

NEW!



Pee Wee Sports - Jr. Pee Wee Soccer League

Ages: 4-6
 Fee: \$90 (\$105 after registration deadline)

Join us for our brand-new Pee Wee Soccer league. This is an instructional 4 v. 4, six-week soccer league. Players will be separated into small teams where volunteer coaches will teach them the fundamentals of the game in a safe, fun and enriching environment. Interested in coaching, please contact us at 916-307-6867.

Location: Mather Sports Complex

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES
7302	Feb. 6	Mar. 12-Apr. 23	Sat	8:30-11:30 a.m.

*No game 4/16



Youth Flag Football League

Ages: 5-14
 Fee: \$105 (\$120 after registration deadline)

Our NFL Youth Flag Football League is a real touchdown. This league will teach fundamentals of football, good sportsmanship and teamwork. Each participant will receive an NFL Flag Football jersey, shorts and a certificate of participation. This season includes a player evaluation day and six league games. Each team requires an adult volunteer coach. Interested in coaching, please contact us at 916-307-6867.

Location: Heron Landing Community Park

ACTIVITY	REG. DEADLINE	SEASON	DAYS	GAME TIMES
7202	Apr. 10	May 14-June 26	Sat	8 a.m.-3 p.m.

Skills Clinic Day April 15 • 5:30-7:30 p.m.

Teen PROGRAMS

You do not have to be a member of the HYDE OUT program to participate in HYDE Out events.

Babysitters Training

with CRPD Staff

Ages: 6th-12th grade

Fee: \$80

This American Red Cross class will prepare you to become one of the most capable, trusted and in-demand sitters in your neighborhood. In fact, 8 in 10 surveyed parents said they would pay more for a trained babysitter who holds Red Cross babysitting certifications. Start your babysitting business on the right foot and learn how to be a safe, professional and reliable sitter. This training will provide a Babysitters Training and Pediatric First Aid Certification.

ACTIVITY	DAYS	DATES	TIME
3152	Sat	Feb. 12	9 a.m.-5 p.m.

Teen Outdoor Adventures

with CRPD Staff

Ages: 6th-12th grade

Trips meet at the Hagan Community Center

Is your teen looking for adventure? Our new waves or wheels adventure program provides two challenging and rewarding experiences for teens to create new memories and build new friendships. **Must register one week before the adventure date.**

Wheel Adventure - Mountain Bike in Marin with Trips for Kids

Guide, transportation, bikes and helmets are provided. Trips are designed for beginner and first time mountain bikers. Participants must be 4'6" tall and able to ride a bike. Wear comfortable clothes and closed-toed shoes. Bring a water bottle and a sack lunch.

ACTIVITY	DAYS	DATES	TIME	FEE
6431	Sat	Mar. 26	8 a.m.-4 p.m.	\$70

Wave Adventures will resume in Spring 2022

WE ARE LOOKING FOR TEENS INTERESTED IN JOINING THE HYDE OUT TEEN LEADERSHIP COMMITTEE!

For more info, visit crpd.com/programs/teens/



LOCATION

2197 Chase Drive, Rancho Cordova

Mon-Fri | 3-6 p.m. | Follows the FCUSD calendar

The HYDE OUT After-School Program

Ages: 6th-12th Grade

Fee: \$50/School year

Looking for a place for your teen to hang after school? The HYDE Out offers a comfortable space for local teens to develop skills, discover new talents and meet new friends. The HYDE Out is located within walking distance from Mills Middle School and transportation is provided from Mitchell Middle School (limiting seating available).

For more information visit www.crpdc.com/programs/teens/ or contact Shelly at sromer@crpd.com or 916-369-9844.

ACTIVITY	DAYS	DATES	TIME
611	Mon-Fri	Aug. 16-May 20	3-6 p.m.*

*Excludes holidays

Teen Late Nights

with CRPD Staff

Ages: 6th-12th grade

Fee: \$5/HYDE Out members, \$10/non-members

Join us for a quarterly Teen Late Night! Activity includes dinner, themed activities and a movie.

ACTIVITY	DAYS	DATES	TIME	THEME
6123	Fri	Dec. 17	6-9 p.m.	Winter Wars
6123	Fri	Feb. 11	6-9 p.m.	Bestie Night



Adult SPORTS & FITNESS

Country Line Dance

With Toni

Ages: 18+

Designed for beginners and accomplished dancers, this class covers a full range of skills and routines. Each week participants will learn and practice steps and dances from both classic styles and the latest, most popular dances.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
2111	Mon	Ongoing	7-8:30 p.m.	\$24/4-visit card

Cheng Man Ching Short Form Tai Chi

With Sacramento Cheng Man Ching Tai Chi Chuan Group

Ages: 13+

Learn to focus on the health and martial arts aspects of Cheng Man Ching's Tai Chi Chuan. We are a full Tai Chi curriculum school within the CMC tradition, teaching the 37 Movement short form, fixed and stepping push hands, two man practice sets, Da Lu and San Shou. Attire: comfortable loose clothing and flat-bottomed shoes. Punch card can be used for either class.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
INTERMEDIATE				
2141	Sat	Ongoing	9-10 a.m.	\$30/6-visit card or \$6/drop in*
BEGINNER				
2151	Sat	Ongoing	10-10:45 a.m.	\$30/6-visit card or \$6/drop in*

*Starting January 2022, fee will be \$40/6-visit card or \$8/drop-in.

Stress Relief Meditation

With Dennis Shimosaka

Ages: 18+

Meditation can reduce stress, anxiety and improve health. This class will teach you to focus on your core energy flow, transforming the physical, mental and emotional bodies. Learn simple tricks that can help in 5 minutes.

Location: Hagan Community Center – Building #1

ACTIVITY	DAYS	DATES	TIME	FEE
2121	Wed	Ongoing	6-6:45 p.m.	\$30/6-visit punch card

Friends Through Fitness

With Josie Glavich

Ages: 18+

This is an outdoor energetic and fun fitness class with strength training, cardio, core and flexibility. Instructor will provide a variety of different workouts each week in a friendly and positive atmosphere.

Location: Stone Creek Community Park – Amphitheater

ACTIVITY	DAYS	DATES	TIME	FEE
2531	Sat	Ongoing	9-10 a.m.	\$45/8-visit card



**INTERESTED IN BEING
an INSTRUCTOR?**

Contact us at
customerservice@crpd.com
or 916-369-9844



FITNESS WITH JENNIFER ALTON

Ages: 18+

Location: Neil Orchard Senior Activities Center

One punch card, four different classes! Bring water, towel and spongy foam or yoga mat.

Fee: 10- visit punch card: \$52/Member, \$57 Non-Member

Floor Mat Pilates

Does your back hurt? Have you been told you need to strengthen your core? Are you ready to increase your stamina by strengthening your hips and back? Get ready to improve your posture, tone your abs and reverse "gluteal amnesia". Please bring water, a towel and a spongy foam mat.

ACTIVITY	DAYS	DATES	TIME
9308	Tues & Thurs	Ongoing	4:30-5:15 p.m.

Restorative Yoga for the Back

Essential for beginners, this class focuses on breathing, balance and core strength. By lengthening, strengthening and stretching muscles in sync with your breath, you will feel improvements in brain, respiratory and circulatory functions. Each class will include exercises focused on muscles that cause a pull and/or strain of your back. Please bring water, a towel and a yoga mat.

ACTIVITY	DAYS	DATES	TIME
9305	Tues & Thurs	Ongoing	5:30-6:30 p.m.

Active Aging Chair Yoga

Are you seeking the benefits of Yoga but are unable to get down to the floor? Do you need a chair nearby for balance? Do you want to feel better at home performing your daily tasks? Meet new friends while increasing your flexibility and strength. Beginners are welcome. Please bring water and a towel.

ACTIVITY	DAYS	DATES	TIME
9309	Tues & Thurs	Ongoing	3:45-4:30 p.m.

Active Aging Balance & Movement

Are you worried about falling and losing your home independence? Create more agility for yourself through strength, stability and flexibility conditioning exercises seated or standing. Work at your own level through coordination and speed variation drills which can improve your walking pace. Please bring water and towel.

ACTIVITY	DAYS	DATES	TIME
9310	Wed & Fri	Ongoing	10:30-11:35 a.m.

Zumba

With Gerardo Orozco

Ages: 14+

This class offers a fun and exhilarating way to lose weight, gain flexibility, coordination and body tone while dancing to popular Latin and world rhythms. No previous fitness or dance background required. Please wear proper attire and bring a towel and water bottle.

Location: Mather Sports Complex – Soccer Complex

ACTIVITY	DAYS	DATES	TIME	FEE
2703	Sat	Ongoing	9-10 a.m.	\$6/class*

*10-class punch card available for \$48



Xtreme Hip Hop Steppin'

With Monique

Ages: 18+

Beginner friendly, high energy step aerobics class with a twist to the latest upbeat songs. You will be having so much fun, you won't realize how many calories you're burning! Bring a towel, water, step board and your moves and be prepared to be drenched in satisfaction!

Location: Mather Sports Center

ACTIVITY	DAYS	DATES	TIME	FEE
2700	Sat	Ongoing	10:30-11:30 a.m.	\$6/class*

*10 class punch card available for \$48





Adult SPORTS LEAGUES

Adult Softball

Ages: 18+

The premier softball leagues in Sacramento play at the Mather Sports Complex. Recreational, Competitive Men's, Women's and Coed leagues are available.

Registration Deadline: October 25

Location: Mather Sports Complex – Softball Complex

ACTIVITY	SEASON	DAYS	DATES	TIME	FEE
5020	Winter*	Mon-Fri	Nov. 8-Dec. 13	6-10 p.m.	\$490**

Annual \$30 USA Softball Fee not included in price listed above.

*Double Header League

**\$515 after registration deadline

Adult Volleyball

Ages: 18+

Spike up your fitness intensity during volleyball inside the Mather Sports Center. Call 916-362-1704 for details.

Registration Deadline: January 2

Location: Mather Sports Complex – Gym

ACTIVITY	SEASON	DAYS	DATES	TIME	FEE
8303	Winter	Fri	Jan. 14-Mar. 4	6-10 p.m.	\$300

Adult Coed Flag Football

Ages: 18+

Hut, hut, hike on over to Mather Sports Complex for CRPD's adult flag football league. Played on the all-weather synthetic turf field.

Registration Deadline: January 2

Location: Mather Sports Complex – Turf Fields

ACTIVITY	SEASON	DAYS	DATES	TIME	FEE
8302	Winter	Wed	Jan. 12-Mar. 2	6-10 p.m.	\$475



Adult Basketball

Ages: 18+

Fee: \$420

Join the fast paced excitement of our 5 vs. 5 basketball league.

Registration Deadline: January 2

Location: Mather Sports Complex – Gym

ACTIVITY	SEASON	DIVISION	DAYS	DATES	TIME
8301	Winter	Men's Open	Mon	Jan. 10 -Feb. 28	6-10 p.m.
8301	Winter	Women's Open	Mon	Jan. 10 -Feb. 28	6-10 p.m.



For league information such as registration packets, deadlines, schedules and scores please visit www.teamsideline.com/cordova



Neil Orchard SENIOR ACTIVITIES CENTER

MEMBERSHIP

CRPD offers a wide variety of fun and educational activities for active seniors throughout the District. For a membership fee of just \$5 per year, active seniors will receive discounts on classes and events, monthly newsletters, and more. Non-Member costs: \$5 more per class at the Neil Orchard Senior Activities Center.

For more information call 916-366-3133. Membership is not required to participate in any CRPD activities.

WE ARE SILVER&FIT AND ACTIVE&FIT

The Silver&Fit and Active&Fit program is an exercise and healthy program specifically designed for adults ages 65+ who want to improve their quality of life through exercise and fun. Members of participating health plans may qualify for free or discounted fitness classes. Check with your insurance carrier to see if you are eligible. Virtual classes are not eligible.



Award Winning Program
GREEN THUMB LUNCH

Fee: \$4 in advance, \$5/person at the door

Meals will include a soup with either a salad or sandwich and baked good.

DAYS	DATE	TIME
Wed	Weekly	11:30 a.m.-Noon
Fri	Twice a month	11:30 a.m.-Noon



ON-GOING MEMBER ACTIVITIES

(Non-members pay \$1 drop-in fee per activity)

Activity	Days	Time
Library & Lounge	Daily	7:30 a.m.-4 p.m.
Jigsaw Puzzle Swap	Daily	7:30 a.m.-4 p.m.
Billiards	Daily	7:30 a.m.-4 p.m.
Bingo	Wed/Fri	12-2 p.m.
Hand & Foot*	Thurs	12:30-4 p.m.
Cordova Garden Club	1st Wed	10-11 a.m.

*Must call to RSVP before attending card groups



Active ADULT FITNESS



Unless otherwise noted, all senior programs will be held at the Neil Orchard Senior Activities Center.

Zumba Gold

With Lidia Mondragon

Ages: 50+

Fee for an 8-visit punch card: \$47/Member, \$52/Non-Member

This easy-to-follow community-oriented dance and fitness class is invigorating and exhilarating. Zumba Gold provides modified, low-impact moves for active seniors and beginners. Bring a towel and a water bottle. New students please arrive 15 minutes early.

ACTIVITY	DAYS	DATES	TIME
9303	Tues & Thurs	Ongoing	12-1 p.m.

Beginning/Intermediate Tai Chi

With Kathy Villegas

Ages: 50+

Fee for a 10-visit Punch Card: \$47/Member, \$52/Non-Member

Often described as "meditation in motion," Tai Chi is an exercise for all ages and skill levels. The gentle flowing movements of this low impact exercise are excellent for stress reduction, improving balance, flexibility and circulation. It may even be helpful for anyone suffering from depression, anxiety arthritis, fibromyalgia or osteoporosis. Please bring water, wear loose comfortable clothing and soft soled shoes. New students please arrive 15 minutes early.

ACTIVITY	DAYS	DATES	TIME
BEGINNERS			
9304	Tues	Monthly	10-10:45 a.m.
INTERMEDIATE			
9304	Tues & Thurs	Monthly	9-9:45 a.m.

Walking To Get Fit

With CRPD Staff & Volunteers

Fee for 10-visit Punch Card: \$10/Member, \$15/Non-Member

Keep fit and reduce your risk of serious diseases like heart disease, stroke, diabetes and more. This class is suitable for anyone looking to add physical activity into their regular routine.

Location: Lincoln Village Community Park

ACTIVITY	DAYS	DATES	TIME
9302	Mon, Wed, Fri	Ongoing	9-10 a.m.

Exercise

With Adam Batten

Ages: 50+

Monthly Fee: \$25/Member, \$30/Non-Member

Improve body composition, flexibility, strength and endurance while increasing energy and reducing stress in this fun, low-impact program designed for active seniors.

ACTIVITY	DAYS	DATES	TIME
9300	Mon, Wed, Fri	Monthly	8-9 a.m.

Beginning Kundalini Yoga

With Adam Batten

Ages: 50+

Monthly Fee: \$30/Member, \$35/Non-Member

Kundalini Yoga focuses on breathing, stretching and meditating, along with exercise sets to increase flexibility and stamina. This class starts with a short warm up and then progresses to include stretching, postures, meditation and finally, breathing. Beginners are welcome.

ACTIVITY	DAYS	DATES	TIME
9301	Mon, Wed, Fri	Monthly	9:15-10:15 a.m.





Active ADULTS ARTS & ENRICHMENT

NEW!

SILVER SURFERS

With CRPD Staff

Stay connected with family and friends, whether they are across town or across the country, while using social media and the Internet. These classes are for beginners and open to all ages. Includes a step-by-step handout. Use of computers included. Seats are limited!

Create & Learn Email Basics

ACTIVITY	DAYS	DATES	TIME	FEE
9600.01	Thurs	Jan. 13	10-11 a.m.	\$15

Learn to Surf the Internet

ACTIVITY	DAYS	DATES	TIME	FEE
9600.02	Thurs	Jan. 27	10-11 a.m.	\$15

Create Facebook Profile

ACTIVITY	DAYS	DATES	TIME	FEE
9600.03	Thurs	Feb. 10	10-11 a.m.	\$15

Learn to Zoom

ACTIVITY	DAYS	DATES	TIME	FEE
9600.04	Thurs	Feb. 24	10-11 a.m.	\$15

CIA-Cordova Independent Artist

Ages: 50+

Fee for a 10-visit Punch Card: \$25/Member, \$30/Non-Member

Enjoy a rewarding and successful journey creating art in an open studio format. No instructor, simply community members coming together to create and share their experiences and knowledge in their particular medium. Bring your own art supplies.

ACTIVITY	DAYS	DATES	TIME
9401	Tues	Ongoing	9:30-11:30 a.m.

Line Dance (Intro/Adv.Beg)

With Phyllis Gifford

Ages: 50+

Fee for a 10-visit Punch Card: \$50/Member, \$55/Non-Member

Round up your friends and get in line for a great time! In this class you will learn both classic and popular modern line dances. There are two classes to choose from to meet your ability level. No partner needed!

ACTIVITY	DAYS	DATES	TIME
INTRO/BEGINNER			
9306	Tues & Thurs	Ongoing	1:15-2:30 p.m.
ADVANCED BEGINNER			
9036	Tues & Thurs	Ongoing	2:30-3:15 p.m.

Advanced Country Line Dance

With Vicki Camblin

Ages: 50+

Fee for a 10-visit Punch Card: \$30/Member, \$35/Non-Member

Join us for a rootin' tootin' time! These classes are not for beginners.

ACTIVITY	DAYS	DATES	TIME
9307	Thurs	Ongoing	1-3 p.m.

Arts & Crafts

With Maurine Humphreys

Ages: 50+

Fee: \$20/Member, \$25/Non-member per month

Learn how to hand craft jewelry, seasonal items and home decorations. A \$5 material fee is due to the instructor at the beginning of each month. New students please arrive 15 minutes early.

ACTIVITY	DAYS	DATES	TIME
9400	Wed	Monthly	9-11:30 a.m.

Paint Party

Ages: 18+

Fee: \$40/Member, \$45/Non-Member per class

Release the artist in you, in this fun, relaxing and stress reducing environment. The instructor will guide you, as you paint, creating a beautiful, artistic, masterpiece. All supplies are provided. Canvas is pre-sketched. No experience needed.

ACTIVITY	DAYS	DATES	TIME
9402	1st & 3rd Wed	Monthly	1-3 p.m.



Senior Center EVENTS & ACTIVITIES

Events are held at the Neil Orchard Senior Activities Center. We encourage you to purchase tickets in advance as some events sell out quickly. Call 916-366-3133 to make your reservation.



Winter Wonderland

Take a break from the dreary weather outside and join us for some holiday fun! Make sure to be on your best behavior; as we may be visited by a special guest.

ACTIVITY	DAYS	DATE	TIME	FEE
9200	Wed	Dec. 15	11:30 a.m.	\$6/member, \$8/non-member*

*Day of \$10

Lunar New Year Celebration

Enjoy a delicious feast while learning about the various cultures that participate in this time-honored celebration of family, food and good wishes.

ACTIVITY	DAYS	DATE	TIME	FEE
9201	Wed	Feb. 2	11:30 a.m.	\$6/member, \$8/non-member*

*Day of \$10

St. Patrick's Day Celebration

Do you have the luck of the Irish? Enjoy homemade corned beef and cabbage as we celebrate St. Patrick's Day.

ACTIVITY	DAYS	DATE	TIME	FEE
9203	Wed	Mar. 16	11:30 a.m.	\$6/member, \$8/non-member*

*Day of \$10

Fall Prevention

One in four Americans aged 65+ falls each year. Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult die from a fall. Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults. Come find out how you can prevent falls in your home.

ACTIVITY	DAYS	DATE	TIME
9702	Thurs	Feb. 3	10-11 a.m.

Estate Planning/Wills & Trusts

Planning for the future is crucial and estate planning is particularly important for seniors. However, estate planning requires numerous practical and legal considerations. An advocate from the Senior Legal Hotline of Northern California will walk you through this complex process.

ACTIVITY	DAYS	DATE	TIME
9700	Tues	Apr. 15	10-11 a.m.

FREE INFORMATIONAL PRESENTATIONS

Please RSVP either online or by calling (916) 366-3133 for these free presentations as space is limited. Presentations are held at the Neil Orchard Senior Activities Center and are open to all ages.

Caption Call

Keeping a safe distance doesn't have to be lonely. CaptionCall helps people with hearing loss connect with friends and family by phone. Easy-to-read captioning helps you understand conversations better. There's no cost for people with hearing loss that need captions to use the phone effectively.

ACTIVITY	DAYS	DATE	TIME
9701	Thurs	Jan. 20	10-11 a.m.



GET UP 'N GO MOTORCOACH TRIPS

Need more information on Get Up N Go trips? Email hschelske@crpd.com or call 916-366-3133.

HARD ROCK CASINO

With CRPD Staff

Ages: 21+

Enjoy 4 hours of Vegas-style gaming at one of Northern California's newest casinos! Located in Yuba County, this casino features a 14,000 square-foot casino, six restaurants, hotel & pool and an event center. Casino bonus of \$25 Free Play subject to change per the casino. Must be 21+ to register.

Activity Level: Leisurely/Minimal amount of walking involved.

Cancellation deadline is January 7th.

ACTIVITY	DAYS	DATE	TIME	FEE
9002.17	Thurs	Feb. 17	8 a.m.-5 p.m.	\$50



DISCOVER CHICO

With CRPD Staff

Ages: 18+

Lying in the heart of the city of Chico, Bidwell Mansion State Historic Park stands as a tangible link to the history and legacy of John and Annie Bidwell, two of California's most significant historical figures. Step back in time to learn about, and interact with, the 19th century world of the Bidwells. After our private guided tour, lunch is included at the Sierra Nevada Brewing Company.

Activity Level: Moderate level amount of walking involved.

Cancellation deadline is February 11th.

ACTIVITY	DAYS	DATE	TIME	FEE
9003.21	Mon	Mar. 21	8 a.m.-6 p.m.	\$120





Cordova GOLF COURSE



Cordova GOLF COURSE

9425 Jackson Road, Sacramento, CA | 916-362-1196
www.cordovagc.com | Daily • Sunrise - Sunset



Book your tee time at
www.cordovagc.com



GREEN FEES & RATES

9-HOLE FEE			
MON-FRI	FEE	SAT-SUN	FEE
Regular	\$15	Regular	\$17
Junior (15 & Under)	\$10	Junior (15 & Under)	\$10
Twilight (after 1 p.m.)	\$13	Twilight (after 1 p.m.)	\$15
Last Light (2 hrs before sunset)	\$11	Last Light(2 hrs before sunset)	\$11

18-HOLE FEE			
MON-FRI	FEE	SAT-SUN	FEE
Regular	\$24	Regular	\$29
Junior (15 & Under)	\$15	Junior (15 & Under)	\$15
Seniors, Vets, First Responders	\$21	Seniors, Vets, First Responders	\$26
Twilight (after 1 p.m.)	\$15	Twilight (after 1 p.m.)	\$20
Last Light (2 hrs before sunset)	\$11	Last Light(2 hrs before sunset)	\$11

RENTAL RATES			
9-HOLE	FEE	18-HOLE	FEE
Power Cart	\$10 per rider	Power Cart	\$15 per rider
Push Cart	\$3	Push Cart	\$5
Golf Clubs	\$5	Golf Clubs	\$10

DRIVING RANGE WITH GRASS HITTING STATIONS

BUCKET	FEE
Large Bucket (100 balls)	\$10
Medium Bucket (60 balls)	\$8
Small Bucket (30 balls)	\$5
Range Key Deposit	\$5



Beach Hut Deli Coming Soon!



Tournaments

Groups and individuals interested in scheduling a tournament can make reservations by calling 916-362-1196.

Follow @cordovagolfcourse
 on Instagram & Facebook





Lessons & CLINICS

PRIVATE GOLF LESSONS

Whether you're a beginner or an avid golfer, you are invited to participate in golf lessons at Cordova Golf Course. We can help you learn to play or significantly improve your game. Our Professional Instructors customize instruction tailored to your skill level and will help you achieve your personal goals.

Adult Lessons (Ages 18+)

With Jack Rovane, PGA

30-Minutes
\$50

With Denise Fass, PGA

30-Minutes	1 Hour
\$50	\$100

With Don Levin, Instructor

1 Hour
\$100

Junior Lessons (Ages 6-17)

With Jack Rovane, PGA

30-Minutes
\$35

With Denise Fass, PGA

30-Minutes	1 Hour
\$40	\$80

With Don Levin, Instructor

30-Minutes
\$40

Youth On Course



Golf teaches important social, mental and physical skills. Providing youth with access to affordable golf is key to these endless learning opportunities. Youth On Course members can play golf for \$5 or less! For more information or to register your child, please visit www.youthoncourse.org.

Mon-Fri Hours	Sat-Sun Hours	Fee
After 11 a.m.	After 12 p.m.	\$5 for 18 holes*
After 11 a.m.	After 12 p.m.	\$3 for 9 holes*

*Price available for active members only.

For more information...
Call 916-362-1196 or email cordovagc@crpd.com.

INSTRUCTIONAL SERIES

With Denise Fass, PGA

Fine-tune your swing, enhance your shot-making, learn golf strategy (and more!) with our instructional program series. Whether you're new to golf or looking for a competitive edge, Coach Denise offers a wide spectrum of instructional packages for golfers of all ages and abilities. Choose a private lesson series or grab some friends and start a group series!

Junior Series

2.5 Series (150 min.)
\$250

Adult Series

5 Series (300 min.)
\$450

Junior Groups

SERIES	GOLFERS	FEE
2.5 Series (150 min.)	1-3 Golfers	\$75/Golfer
2.5 Series (150 min.)	4-6 Golfers	\$65/Golfer

Adult Groups

SERIES	GOLFERS	FEE
5 Series (300 min.)	2 Golfers	\$275/Golfer
5 Series (300 min.)	3 Golfers	\$250/Golfer
5 Series (300 min.)	4 Golfers	\$225/Golfer

GOLF CLINICS

First Tee Junior Clinics

With Jack Rovane, PGA

As a proud member of the First Tee of Greater Sacramento, we offer Junior Golf Clinics to both novice and experienced young golfers. Instruction focuses on golf fundamentals, promotes positive self-esteem, sportsmanship and healthy habits. Golfers are introduced to the First Tee Nine Core Values, which represent some of the many inherently positive values connected to the game of golf. These are incorporated throughout the program and parents are encouraged to reinforce these behaviors outside the course. Our PGA Professional Instructor, Jack Rovane, and his staff are passionate about the game and excited to teach a new generation of golfers.



AGES	DAYS	DATES	TIME	FEE
6-18	Sat	Ongoing*	10-11 a.m.	\$15/player, per day

*Subject to weather conditions. During periods of wet weather, visit facebook.com/cordovagolcourse or call 916-362-1196 (option 1) one hour prior to class for updates on weather conditions and course closure.



Mather SPORTS COMPLEX

3755 Schriever Avenue, Mather | 916-362-1704

Monday, Wednesday, Friday 4-9 p.m.

Tuesday & Thursday 12-9 p.m. | Saturday & Sunday 8 a.m.-6 p.m.

MEMBERSHIPS

To qualify for a group membership rate, at least 10 people from a business/organization/complex/association/etc. must initially sign up at the same time to establish the group. Once established, all persons associated with the group qualify for the group rate. Must show proof of association with the group or military (i.e. ID badge/card, Military I.D., business card, pay stub, etc.).

Individual: \$26/month

Groups or Military: \$21/person per month

AMENITIES

- Indoor High School Basketball Court with 2 Cross Courts
- Indoor Main Volleyball Court with 3 Cross Courts
- 3 Synthetic Turf Softball/Baseball Fields
- 2 Synthetic Turf Soccer/Multi-Use Fields
- 1 Natural Turf Baseball Field
- 3 Racquetball Courts
- 2 Weight Rooms and 1 Cardio Room
- Dance Studio
- Showers & Lockers
- Skate Park
- Children's Playground
- Pétanque Courts
- Picnic Areas



RATES

Good all day and all amenities

- \$6 drop-in
- \$3 Student drop-in. Student drop-in fee is for students 18 and younger. (Must show a valid school I.D. card.)
- \$33/10-visit punch card (Expires one year after purchase date).
- \$3 Military (Must show valid military ID).

PLAZA SKATE PARK

Open sunrise to sunset for skateboards, bike riders, in-line skaters, roller skaters and scooters. Available to rent hourly, please contact the Mather Sports Center at 916-362-1704.

SPORTS & LEAGUES

League information may be picked-up at Mather Sports Center, or downloaded from www.teamsideline.com/cordova or seen on pages 11 and 15.



EVENTS & TOURNAMENTS

Mather Sports Complex is a regional sports destination with synthetic turf sports fields, a full-size basketball gym, cardio and weight rooms, racquetball courts, a dance studio and a natural turf baseball field available to rent.

Visit crpd.com/rentals for rental information.

PÉTANQUE (PAY-TONK) COURTS

Similar to bocce ball, pétanque is a form of boules, where the goal is to throw a hollow metal ball as close as possible to a small wooden ball called a cochonnet or jack. The local club, Club Francais De Sacramento, meets at the Mather Sports Complex every Thursday and Sunday at 1 p.m. (10 a.m. June through Sept.) – weather permitting – and invites new players to drop-in! Club Francais de Sacramento also hosts competitive and casual pétanque tournaments at least once a month, among other social events.

For more information, visit www.sacramentopetanque.com.



Hagan COMMUNITY BARN

2197 CHASE DRIVE | 916-369-9844

The Hagan Community Barn is an educational barn dedicated to sharing farm animals with our community. For information on field trips and programming please contact sromer@crpd.com or call 916-369-9844.

WISH LIST AND VOLUNTEERS

We are always in need of fresh produce and toys for our animals; please consider a donation of the following:

- Apples
- Carrots
- Romaine or Green Leaf Lettuce
- Watermelon
- Pumpkins
- Squash
- Red or Green Bell Peppers
- Mealworms for chickens

We also have volunteer opportunities for animal lovers. Call 916-369-9844 for more information.

BARN TOURS

With CRPD Staff

Our educational Barn is open, weather permitting, for tours! Staff will introduce you to our animals and share a brief history about each one. Bring a picnic and enjoy your lunch at nearby picnic tables in the park.

DAYS	TIME	FEE
Sat*	10 a.m.-noon	\$1/person, cash only

*Tours do not take place on holidays or in the rain.

STORY WALK WITH BROWNIE

Ages: 5-12

Families can visit the Hagan Community Barn to hear a nature story, learn about the Barn's farm friends and take a scavenger hunt or nature walk with staff.

Location: Hagan Community Barn

ACTIVITY	DAYS	DATES	TIME	FEE
723.2	Fri	Feb. 25	4-5 p.m.	\$5



PARTIES AT THE BARN

Ages: Ideal for ages 4+
 Fee: Packages start at \$220

Enjoy interacting with our farm friends at your next event! Package includes an all-day reservation at a basic picnic area, one (1) hour in the Hagan Community Barn for up to 15 children, animal meet and greet, a tour of the grounds and craft time with our Barn staff.

Schedule your kiddo's next party at the Barn. Call 916-369-9844 or email rentals@crpd.com.

CRAFTS WITH CUPCAKE

Ages: 5-12
 Fee: \$2 pay at the door, cash only

Visit our farm friends at the Hagan Community Barn for a tour and create a holiday craft to take home.

Location: Hagan Community Barn

DAYS	DATES	TIME	THEME
Sat & Sun	Dec. 4, 5, 11 & 12	10:30 a.m.-2:30 p.m.	Winter Crafts





Picnic & Field RENTALS



Reservation requests now available online!
Visit crpd.com/rentals/rental-information for more info.

PAVILION/PICNIC RENTALS

Reservations available up to 1 year in advance

To reserve a picnic or pavilion area, call the Hagan Community Center at 916-369-9844, email rentals@crpd.com or reserve online. Daily use fees vary depending on the capacity and size of the picnic/pavilion area. Alcohol is only allowed in the reservable park spaces with a permit. Most parks and picnic areas are on a first-come, first-served basis.

CRPD recommends reserving the following parks and picnic areas in advance.

Reservable Pavilion/Picnic Areas Year Round

- Hagan Community Park: Picnic Areas and Pavilion
- Heron Landing Community Park: Pavilion
- Independence Community Park: 3 Small Pavilions
- Labrynth Community Park: Pavilion
- Lincoln Village Community Park: Picnic Area
- Rosemont Community Park: Pavilion
- Stone Creek Community Park: Pavilion and Amphitheater
- Sunridge Park: Pavilion
- The Village Green: Amphitheater
- White Rock Community Park: Pavilion



ATHLETIC FIELDS

CRPD has a number and variety of athletic facilities for sports practices and conditioning including baseball, softball and soccer. Prices vary. Please contact Mather Sports Center for details, rates and availability at 916-362-1704 or tpaceallen@crpd.com.

SPECIAL USE PERMITS *(includes commercial use)*

Groups of 150 or more and special events requiring exemptions must secure a Special Use Permit at least 60 days before an event. Additional information and permit applications are available on our resources webpage at www.crp.com, by calling the Hagan Community Center at 916-369-9844 or emailing rentals@crpd.com.





Hagan COMMUNITY CENTER

Buildings at the Hagan Community Center in Hagan Community Park may be reserved by groups and individuals. This location is ideal for wedding receptions, reunions, dances, private parties, and other group activities. The buildings are situated in a park setting surrounded by trees, ponds and footbridges which offer splendid scenery and recreational facilities. Picnic areas, tennis courts, playgrounds, ball fields, and more are also nearby. Activities serving alcoholic beverages requires paid security.

Building 1

- ▶ 38' x 60' Multipurpose Room (2,400 sq.ft.)
- ▶ Minimum (4) hours
- ▶ 200 Seats Classroom Style
- ▶ 150 Seated with Tables
- ▶ (10) 30"x72" Rectangular Tables
- ▶ (9) 66" Circular Tables
- ▶ (200) Folding Chairs
- ▶ Parking Lot

Sunday-Thursday • 8 a.m.-10 p.m.

Friday-Saturday • 8 a.m.-midnight

\$94/hour without alcohol

\$149/hour with alcohol



The Hyde Out TEEN CENTER

Multipurpose Room

- ▶ Minimum (3) hours
- ▶ No Alcohol Permitted
- ▶ Up to 30 Guests, ages 11+
- ▶ Renter to Supply Adult Supervision

Use of The HYDE Out and its equipment including: pool table, video games, ping-pong table, and Bluetooth speaker. Includes one (1) staff to oversee equipment

Saturday-Sunday • 8 a.m.-10 p.m.

\$85/hour





White Rock COMMUNITY CLUBHOUSE

White Rock Community Clubhouse is equipped with central heating, air conditioning, and a small serving kitchen. The building is perfect for holding small business meetings or family gatherings. The Clubhouse is situated in a park setting surrounded by mature trees, with sidewalks and beautiful lush green grass. The surrounding park includes a small pavilion picnic area, tennis courts, playgrounds, and a popular children's watersplash park.

Facility Amenities

- ▶ 24' x 38' (912 sq.ft.)
- ▶ Park Adjacent
- ▶ Tables & Chairs
- ▶ Prep Kitchen
- ▶ Parking Lot



The White Rock Splash Park is not included in the rental of the Clubhouse.

Multipurpose Room

- ▶ Minimum (3) hours
- ▶ No Alcohol Permitted
- ▶ 50 Seated with Tables
- ▶ (10) 30"x72" Rectangular Tables
- ▶ (6) 66" Circular Tables
- ▶ (60) Folding Chairs

Call for availability

\$48/hour





PARK *Projects*

PYRAMID PEAK PARK

On September 20, 2021, the Cordova Recreation & Park District celebrated the opening of Pyramid Peak Park, a new neighborhood park in Rancho Cordova. Pyramid Peak Park is the 7th park the District has opened in the last five years and the District's 43rd park overall! This park was named after one of the peaks in the beautiful California Sierra Mountains that can be seen in the distance. Pyramid Peak Park offers meandering walkways, picnic areas and a beautiful landscape. In the midst of the densely built environment, people can come to this space to have a picnic, walk a dog or just relax in nature.

Pyramid Peak Park is the result of a team effort with two years of planning, designing and careful construction. The Pyramid Peak Park team consisted of District staff, Woodside Homes, Pacific Parks, Callander Associates and the District's supportive Board of Directors.

This park is one of the many examples of the District's sustainable parks. It has drought-tolerant landscaping, weather-wise irrigation systems and site furnishings that are durable and tough. The District will continue to bring the community sustainable places as the area grows and is built out. In the next few years, the District will be designing exciting parks, improving existing parks and planning for a sustainable and bright future.

The District is excited to see the community enjoy and make wonderful memories at this new neighborhood park. Now more than ever, Parks Make Life Better!®

To learn more about current projects, visit our website at crpd.com/park-planning-development



VISIT PYRAMID PEAK PARK

4053 Red Blush Way, Rancho Cordova

- DROUGHT-TOLERANT LANDSCAPING
- WEATHER-WISE IRRIGATION SYSTEMS
- ACCESSIBLE PICNIC AREA
- BARBECUE GRILL
- DRINKING FOUNTAIN, INCLUDES DOG WATER BOWL



PARK & FACILITIES AMENITIES

Parks Facilities

	Baseball/Softball Fields	Basketball Courts	Horseshoe Pits	Multi-Use/Soccer Fields	Pavilion	Picnics	Rental Available	Restroom	Amphitheater	Bocce Ball/Pétanque	Spray/Splash Park	Swimming Pool	Tennis Courts	Pickleball Lines	Skate Ramp/Park
Ahlstrom Park 2425 Zinfandel Drive							F								
Argonaut Park 11825 Herodian Drive		Half					F								
Cobblestone Park 10900 Barden Drive															
Countryside Park 3240 Glenmoor Drive, Sac															
Cypress Grove 4047 Cypress Grove Avenue															
Dave Roberts Park 10805 Mapola Way							F								
Eagle's Nest Park 11810 Chrysanthy Blvd															
Federspiel Park 2549 Chassella Way							F								
Gold River Park 11513 Gold Country Blvd., Gold River							F								
Gold Station Park 2360 New Eureka Way, Gold River							F								
Hagan Community Park, Dog Park & Barn 2197 Chase Drive							F/P/V								
Henley Park 9343 Henley Way, Sac															
Heron Landing Community Park 11750 Justinian Drive		Half					F/P/V								
Hillside Park 3566 Rockdale Drive							F								
Independence Community Park 10949 Britton Way, Mather							F								
Kavala Ranch Park 5100 Azalea Park Drive		Half					F								
Labyrinth Community Park 12770 Glass Beach Drive							F/P/V								
Larchmont / Rossmoor Park 10708 Ambassador Drive							F								
Larchmont Community Park 2449 Stansberry Way, Sac							F								
Lincoln Village Community Park 3480 Routier Road, Sac							F/P								
Manlove Park 9150 Caldera Way, Sac															
Primrose Park 9122 Rose Parade Way, Sac															
Prospect Hill Park 11840 Prospect Hill Drive							F								
Pyramid Peak Park 4053 Red Blush Way															
Renaissance Park 3125 Mowbray Way		Half													
Riviera East Park 9580 Mira Del Rio Drive															
Rosemont Community Park 9326 Americana Drive, Sac							F/P/V								
Rosemont North Park 3224 Huntsman Drive, Sac															
Rosswood Park 9460 Achates Circle, Sac															
Salmon Falls Park 8964 Salmon Falls Drive, Sac															
Sandpiper Park 11830 Applolon Drive							F								
Sonoma Park 10750 Agria Court							F								
Sparrow Park 11938 Montron Way															
Stone Creek Community Park 3625 Spoto Drive							F/P/A/V								
Sunridge Park 4041 Borderlands Drive		Half					F								
Sunriver Park 11120 Moose River Court							F								
Taylor Park 2238 West La Loma Drive															
The Village Green 3141 Bridgeway Drive							A								
Tuscany Park 3460 Corvina Drive							F								
Veteran's Park 4530 Excelsior Road, Mather							F								
Waterbrook Park 10849 Water Brook Drive															
White Rock Community Park 10488 White Rock Road							P/V								
Cordova Golf Course 9425 Jackson Road							T								
CRPD District Office 2729 Prospect Park Drive, Suite 230															
Hagan Community Center & The HYDE Out 2197 Chase Drive							R								
Mather Sports Complex 3755 Schriever Avenue							T/F/R								
Neil Orchard Senior Activities Center 3480 Routier Road							R								
White Rock Community Clubhouse 10488 White Rock Road							R								

Rentals F=Field P=Picnic Area R=Room A=Amphitheater V=Pavilion T=Tournament	Baseball/Softball Fields	Multi-Use/Soccer Fields	Restroom	Spray/Splash Park	Tennis Courts
Basketball Courts	Pavilion (available to rent)	Amphitheater	Swimming Pool	Skate Ramp/Park	
Horseshoe Pits	Picnic Area	Bocce Ball/Pétanque Courts	Pickleball Lines		

Not Sure How to Register? Let Us Help You!

A Step-by-Step Guide to Registering Online for Recreation Activities

HAVE AN ACCOUNT?

- ▶ Go to <https://apm.activecommunities.com/crpd>
- ▶ Click "Create an Account" in the upper right corner
- ▶ Check to see if you already have an account (If you have registered for classes previously, you probably have an account)

NO

YES

FIRST TIME USERS

- ▶ Fill in the information in the "Create an Account" screen
- ▶ Once you create an account, click "Home Page"
- ▶ In the Activities Search Bar, **enter a keyword** of the activity that interests you
- ▶ In the far right column labeled "Action", click the "More" button to see all class dates, times and location

Please note: Pre-registration is required for all classes. Classes may be cancelled one week prior to the class start date if minimum numbers are not met.

RETURNING USERS

- ▶ Go to <https://apm.activecommunities.com/crpd>
- ▶ Click "Sign In" in the upper right corner
- ▶ In the Activities Search Bar, **enter a keyword** of the activity that interests you
- ▶ In the far right column labeled "Action", click the "More" button to see all class dates, times and locations

FORGOT YOUR PASSWORD?

- ▶ Go to <https://apm.activecommunities.com/crpd>
- ▶ Click "Sign In" in the upper right corner
- ▶ Enter your email as your login username, Click "Forgot your Password?"
- ▶ If you have an account, you will be prompted to enter your email address again. Your password will be emailed to you.

Still Have Questions?
Call Us at 916-369-9844

FEE ASSISTANCE PROGRAM

We believe everyone should be able to benefit from our programs. Our fee assistance program is here to help you get involved. Fee assistance is available to all who meet the following criteria as long as funds are available:

- Resident of Cordova Recreation & Park District
- Can demonstrate a financial need that prevents the individual from participation in CRPD programs

- Complete and return an application form at least 10 days prior to start of program. Forms are available on our website at www.crpdp.com

Call 916-369-9844 or visit the Resources page at www.crpdp.com for an application.

Want to help us assist those in need?

Donations can be made online or at any CRPD location.